

# Mas Que Nada Samba Ld

拍数: 0                      墙数: 0                      级数:  
编舞者: Tri Artiyanti (INA), Wina (INA) & Nuri (INA) - June 2020  
音乐: Mas Que Nada - Nossa



Tag 1 = Intro  
Tag 2 after W 6

Tag : 32 C

## I. SIDE MAMBO R-L, CROSS BACK MAMBO R-L

1&2                      Step R to R side, step L inplace, Close R to L  
3&4                      Step L to L side, step R inplace, close L to R  
4&5                      R Cross back L, step L inplace, step R besides L  
7&8                      L cross back R, step R inplace, step L besides R

## II. STEP SIDE R, STEP SIDE L, V STEP, HIP BUMP R-L

1-2                      Step R side to right, step L side to left  
3-4                      step R foward diag right, step L foward diag left  
5-6                      step R back to center, step L back to center  
7-8                      hip bump R, hip bump L

## III. BASIC SAMBA DIAGONAL FORWARD, BASIC SAMBA TO SIDE, FORWARD MAMBO, COASTERSTEP

1 a 2                      Step R diagonal forward, Step L together, Step R inplace  
3 a 4                      Step L to side, step R together, Step L inplace  
5 & 6                      Step R Forward, Recover on L, Step R together  
7 & 8                      Step L back, step R together, Step L forward

## IV. BASIC SAMBA R-L, BASIC SAMBA FORWARD-BACK

1 a2                      Step R to R side, close L to R, step R inplace  
3 a4                      Step L to L side, close R to L, step L inplace  
5 a6                      Step R forward, close L to R, step R inplace  
7 a8                      Step L back, close R to L, step L inplace

## Main Dance

### I. SAMBA WHISK, BOTTAFOGO TURN 1/4 R, CROSS SHUFFLE

1 a 2                      step R to side, Rock L behind R, recover on R  
3 a 4                      step L to side , rock R behind L, recover on L  
5 & 6                      Turn 1/4R cross R over L, Ball of L, Step R inplace  
7 & 8                      L cross over R, Step R to Side, L cross over R

### II. V STEP , BACK WALK ( WITH SHIMMY )

1 - 2                      Step R diagonal forward , Step L diagonal forward  
3 - 4                      R back to centre, Close L beside R  
5 - 6                      Step R back, Step L back  
7 - 8                      Step R back, Step L back

Restart on Wall 2 & 5

### III. KICK FORWARD, SIDE KICK, SAILOR 1/4 R, KICK FORWARD, SIDE KICK , SAILOR 1/4 L

1-2                      R Kick Forward, R side kick  
3&4                      R cross behind L, step L to L side, step R to R side  
5-6                      L kick forward, L side kick  
7&8                      L cross behind R, step R to R side, step L to L side

#### **IV. SIDE MAMBO RL, SIDE CLOSE RL**

1&2            Step R to R side, Step L in place, R close to L  
3&4            Step L to L side, Step R in place, L close to R  
5-6            Step R to R side, L close to R  
7-8            Step L to L side, R close to L

**Contact: [triartiyanti16@gmail.com](mailto:triartiyanti16@gmail.com) - [nuri.rindjani@gmail.com](mailto:nuri.rindjani@gmail.com) - [Uwix437@gmail.com](mailto:Uwix437@gmail.com)**

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