

Caution

拍数: 32 墙数: 4 级数: Improver
编舞者: Jo Myers (UK) - May 2020
音乐: Caution (Radio Edit) - The Killers : (amazon.co.uk or iTunes)



One Restart on Wall 4 (See *)

#16 count intro from main beat (just before vocals)

Section 1 Step, Pivot 1/2 Left, Triple 1/2 Turn Left, Heel & Heel & Cross & Heel

1-2 (Weight on left) Step right forward. Pivot 1/2 turn left.
3&4 Triple step 1/2 turn left, stepping - right, left, right.
5&6& Touch left heel forward. Step left beside right. Touch right heel forward. Step right beside left.
***Restart Wall 4: Counts 7&8 - left side mambo, then Restart the dance (you will be facing 9:00).**
7&8 Cross left over right. Step right to side. Touch left heel forward. (12:00)

Section 2 & Weave, & Rock, Side, Mambo 1/4 Turn Left, Heel & Heel &

&1&2 Step left beside right. Cross right over left. Step left to side. Step right behind left.
&3&4 Step left to side. Cross rock right over left. Recover onto left. Step right to side.
5&6 Rock forward on left. Rock back onto right. Turn 1/4 left stepping left to left side. (9:00)
7&8& Touch right heel forward. Step right beside left. Touch left heel forward. Step left beside right.

Section 3 Step Pivot 1/2 Step, Triple Full Turn, Paddle Full Turn

1&2 Step right forward. Pivot 1/2 turn left. Step right forward. (3:00)
3&4 Triple step full turn right, stepping - left, right left.

Easier option: counts 3&4 - left shuffle forward.

5&6& Step right forward. Pivot 1/4 turn left. Step right forward. Pivot 1/4 turn left.
7&8& Step right forward. Pivot 1/4 turn left. Step right forward. Pivot 1/4 turn left. (3:00)

Section 4 Cross Shuffle With Sweep, Cross Shuffle, Forward Mambo, Coaster Step

1&2& Cross right over left. Step left to side. Cross right over left. Sweep left forward from back.
3&4 Cross left over right. Step right to right side. Cross left over right.
5&6 Rock forward on right. Rock back onto left. Step right to side.
7&8 Step left back. Step right beside left. Step left forward.

***Restart - The one Restart is during Wall 4 near the end of Section 1. There is a step change for counts 7&8 (change to left side mambo) then Restart from the beginning.**

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