

# New Better Times

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Montserrat Soler (ES) - May 2020  
音乐: Better Times a Comin - Derek Ryan



## \*1 Restart, 2 Tags (4 counts)

### [1-8]. Heel, hook, heel, chasse (x2 R&L)

1&2.            R. heel forward, R. Hook, R. heel forward  
3&4.            Step R. side, step L. together, Step R. side  
5&6.            L. heel forward, L. hook, L. heel forward  
7&8.            Step L side, step R together, step L side

### [9-16]. Shuffle ½ turn L, turn 1/2 L & rock step , coaster step L, rock back step R

9&10.           Shuffle ½ turn L.(R-L-R)  
11-12.           Rock ½ turn L, recover R.  
13&14.           Step L. back, step R. together, step L forward  
15&16.           Jumping rock back R, recover L.

### [17-24]. Toe strut jazz box ½ turn, sailor step R, sailor step ¼ L

17&18&.           Step cross toe R, lower R heel, step L toe forward, lower L heel  
19&20.           Turn ½ Step toe R, lower R heel, Step L toe forward, lower L heel  
21&22.           Cross R behind L, step L side, step R slightly forward  
23&24.           Cross L behind R, turn ¼ left and step R side,step L slightly forward

### [25-32]. Step look FWD, shuffle FWD, out out in in (x2)

25-26.           Step R forward, lock L behind  
27&28.           step R. forward, step L. together, step R. forward  
29&30.           Step R side, step L side ,step Rt on place, step L together  
31&32.           Step R side, step L side ,step R on place, step L together

## Start again

**Restart: On the 5th wall, dance 16 counts add tag and start again**

**TAG: At the end of 2nd wall; and after the first 16 counts of the 5th wall**

1-2            R heel fan  
3-4            L. toe fan

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