Please Love Me



编舞者: Carol Cooper (CAN) - May 2020

音乐: Lovefool - The Cardigans



Skate Right, Skate Left, Lock Step, Hold

1 - 4 Skate forward Right for 2 counts. Skate Forward Left for 2 counts.

5 - 8 Step forward on Right, Step Left Behind Right, Step Forward Right, Hold

Skate Left, Skate Right, Lock Step, Hold

1 - 4 Skate Left forward for 2 counts. Skate Right forward for 2 counts

5 - 8 Step forward on Left, Step Right Behind Left, Step Forward Left, Hold

Jazz Box Quarter Turn Right, Weave Right

1 – 4 Cross Right Over Left, Step back on Left, ¼ Turn Right, Cross Left Over
5 – 8 Step Side Right, Cross Left Behind, Step Side Right, Cross Left Over

Side Rock Recover Cross and Cross, Side Rock Quarter Turn Right, Shuffle Forward

1-2 3&4 Rock Right Side, Recover, Cross Right Over Left, Step Side Left, Cross Right Over Left

5-6 7&8 Step Left, 1/4 Turn Right onto Right, Shuffle Forward Left Right Left

There Is One Easy Tag Done When She Sings So I Cry And I Cry.

Tag: Basic Right and Left. Right Left Right Hold. Left Right Left Hold

After 2nd, 6 and 8 repetition, 1 Tag. Done facing 12:00 After 3rd, 7th repetition, 2 Tags Done facing 6:00 *9th repetition facing 6:00. Cross Right Over Left and Unwind to 12:00

TaaDaa!!!