First Thing I Reach For

拍数: 56   **墙数:** 1   **级数:** High Beginner

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音乐: First Thing I Reach For - Ashley McBryde : (Amazon.com)

Dance starts on count 8 on the word "liquor", one Restart on Wall 4

1/2 RHUMBA BOX FORWARD, 1/2 RHUMBA BOX FORWARD, 1/2 RHUMBA BOX BACKWARD, 1/2 RHUMBA BOX BACKWARD

1& 2&	R step sideways, L step together, R step forward, hold,
3&4&	L step sideways, R step together, L step forward, hold
5&6&	R step sideways, L step together, R step backward, hold
7&8&	L step sideways, R step together, L step backward, hold

SIDE SHUFFLE, SWAY, SWAY, ROCK, RECOVER, SHUFFLE FULL TURN

1&2&, 3, 4,	R, L, R sideways shuffle, sway left, sway right,
5&6, 7&8	L rock forward recover on right, step L and shuffle full turn to left (R, L, R)

STEP BACK, STEP BACK, BACK COASTER, SCISSOR STEP, SCISSOR STEP

1, 2, 3&4,	Step back on L, step back on R, back coaster step (L, R, L)
5&6, 7&8	R step out, L step center, R crossover L in front, L step out, R step center, L cross over R

3 ROCK RECOVERS ½ TURN TO BACK, STEP, 3 ROCK RECOVERS ½ TURN TO FRONT

1&2&, 3&4	R rock, recover left 3X during ½ turn to back, step on R
5&6&, 7&8	L rock, recover right 3X during ½ turn back to front, step on L

3 STEPS BACK, STEP BACK, 2 STEPS FORWARD, SHUFFLE FORWARD, STEP TOGETHER

1, 2, 3,4 3	steps backward (R, L, R), L step backward
&5, 6&7, 8	R step forward, L step forward, shuffle forward (R, L, R), step together

VINE RIGHT, ROCKING CHAIR, STEP, POINT FRONT, POINT SIDE, STEP TOGETHER

1&2&	R step sideways, L behind, R side, L cross over front,
3&4&	R forward, L back. R back, L forward
5, 6, 7, 8	R step together, L points front, side, together

VINE LEFT, ROCKING CHAIR, STEP, POINT FRONT, POINT SIDE, STEP TOGETHER

1&2&, 3&4&	L step sideways, R cross behind left, L step side, R cross over front, L step front, R step back, L step back, R step forward
5, 6, 7, 8	L step together, R point front, side together

Any questions? cplevin@gmail.com

Let's all keep dancing during these difficult times!