

Freedom Generation

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Nigel Hobman (ES) - May 2020
音乐: Love Generation (feat. Gary Pine) - Bob Sinclar



(Alternative music: Fly like a bird by Bozz Scaggs)

There are No Tags Or Restarts in this dance.

Start dancing after 64 counts in, which allows people time to get onto the dancefloor and find a socially distanced space.

(Optional start after 32 counts)

Section 1. Walk, Walk, shuffle fwd, rock fwd recover coaster step

1,2,3 & 4 Walk R, walk L, Right shuffle fwd (RLR),
5,6, Rock LF fwd, Rec R,
7 & 8 Left coaster L back step RF together step left in front.

Section 2. Pivot ½ turn left, Shuffle ½ turn left, Rock back L recover R, L shuffle fwd

1,2, Step fwd right, pivot ½ turn left stepping onto LF (facing 6 o'clock)
3 & 4 Shuffle ½ turn left (RLR – back to face 12.00 o'clock)
5,6, Rock back on left recover on RF in front
7 & 8 Left shuffle fwd (LRL)

Section 3. Cross side, behind and heel and cross, side, behind and heel and

1,2, Cross RF over LF, Step LF to L Side
3 & 4 & Rock RF behind LF, Recover on LF, Right heel fwd to right diagonal, step RF beside LF
5,6, Cross LF over RF, Step RF to R Side
7 & 8 & Rock LF behind RF, Recover on RF, Left heel fwd to left diagonal, step LF beside RF

Section 4. Cross rock recover chasse right, cross rock recover chasse ¼ turn Left.

1,2,3 & 4 Cross rock RF over LF, Recover L, Step RF to R Side, step LF beside, step RF to R side
5,6,7 & 8 Cross rock LF over RF, Recover R, Make ¼ turn left stepping L to L side, R beside L, Left to left side.

Ready to start walking forward again on the right foot – and repeat to finish.

Smile and enjoy the freedom of dance after the lockdown of Spring 2020.

Last Update – 31 May 2020