

# Self Control EZ Cha

COPPER KNOB  
STEPPERS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Harry Heng (INA) - May 2020  
音乐: Self Control - Soraya



**Intro : 48 Counts - 1 Restart On Wall 7 Dance Only 24 Counts**

**I : Side, Chasse , Cross, Chasse ¼ Turn L**

1 - 2      Step R To Side (1) , Close L Beside R (2)  
3 & 4      Step R To Side (3), Close L Beside R (&), Step R To Side (4)  
5 - 6      Cross L Over R (5), Recover On R (6)  
7 & 8      Step L To Side (7), Close R Beside L (&), Make ¼ Turn L N Step L Forward (8)

**II : Point Hook, Forward Shuffle 2x**

1 - 2      Point R Forward (1), Hook R (2),  
3 & 4      Step R Forward (3) , Lock L Behind R (&), Step R Forward (4)  
5 - 6      Point L Forward (5), Hook R (6),  
7 & 8      Step L Forward (7) , Lock R Behind L (&), Step L Forward (8)

**III : Make ¼ Turn Left, Cross Shuffle, Side Rock, Behind Side Cross**

1 - 2      Step R Forward (1), Turn ¼ L Step L To Side (2),  
3 & 4      Cross R Over L (3), Step L To Side (&), Cross R Over L (4)  
5 - 6      Rock L To Side (5), Recover On R (6)  
7 & 8      Cross L Behind R (7), Step R To Side (&), Cross L Over R (8)

**Restart On Wall 7 After 24 Counts Facing 12:00 To Start**

**IV : Paddles 2x, Jazzbox**

1 - 2      Step R Forward (1), Make ¼ L Turn Step L To Side (2)  
3 - 4      Step R Forward (3), Make ¼ L Turn Step L To Side (4)  
5 - 8      Cross R Over L (5) , Step L Back (6), Make ¼ R Stepping R Forward (7), Close L Beside R (8)

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