

Everyday Life

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Jackie Wheeler (USA) - March 2020
音乐: Everyday Life - Coldplay



Intro: 32 counts from the start of the piano

[1-8] R lock step, L lock step, ¼ R jazz box

1&2, 3&4 Step lock step RLR, Step lock step LRL
5 6 7 8 ¼ right Jazz Box: Cross R over L, step back L, ¼ R, step forward L (3:00)

[9-16] Sync. rocking chair, ¼ L pivot turn, weave left ¼ L pivot turn

1&2& 3, 4 Syncopated rocking chair: Rock forward R, Recover L, rock back R, recover L, step R ¼ left pivot turn
5 6 7 8 Weave left with R cross over L, side, behind, ¼ turn left (9:00)

***RESTART here on Wall 2 at 6:00 after 16 counts without ¼ left turn**

[17-24] R mambo forward, L coaster, & R side rock cross (angled to 7:30), 1/8 turn L shuffle

1&2, 3&4 R forward, recover L, step back R, Step back L, Right back together, Left forward
&5, 6, 7&8 & R side rock cross (angled to 7:30), 1/8 L turn Shuffle LRL (square to 6:00)

[25-32] ¼ L pivot turn, Shuffle RLR, Rock forward, recover, ½ turn L shuffle

1, 2, 3&4 Step R, ¼ left pivot turn, Shuffle forward RLR
5, 6, 7&8 L Rock forward, Recover R, ½ turn (to left) Shuffle L R L (9:00)

[33-40] Diagonal step R, sweep L, R Side rock cross, Sway LR, Behind side forward

1, 2, 3&4 Step R forward toward 10:30 diagonal; sweep L foot across R stepping L down on count 2 (squaring up to 12:00); R side rock cross (scissor step)
5, 6, 7&8 Sway Left, Right, Step L Behind, R side step, forward L (12:00)

[41-48] Step R, ½ turn Left, L coaster with prep, L full turn, R shuffle with L hitch

1, 2, 3&4 Step R forward, make ½ turn left with weight going to R (on count 2), L coaster; prep for full turn to the left
5, 6, 7&8 ½ L turn, ½ L turn, R shuffle RLR (end with left hitch on count 8 angled to 7:30 diagonal)

[49-56] L samba, R Back lock back, Step back L, ¼ turn Right, ¼ turn Right, Step back R and drag L toe back

1&2, 3&4 Cross L, R side, recover L; Square up to 6:00 Back R L R,
5, 6, 7, 8 Step back L, ¼ turn right on R (to 9:00); then ¼ turn right stepping on L (facing 12:00); on count 8 step back on R and drag left toe back (12:00)

[57-64] Sync. L rocking chair going back first, L coaster, R jazz box 1/2

1&2&3&4 Step back L Recover R, forward L Recover R (syncopated); Step back L R together L forward
5 6 7 8 ½ turn right Jazz Box (6:00)

Restart on wall 2 (6:00) after 16 counts with step change: do the weave without a ¼ turn left (remain facing 6:00 to RESTART)

A big thanks to Dawn Searer for reviewing all the stepsheets for the 3 Everyday Life dance versions! You're the best!

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