

# Good News!

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Regina Hayes (USA) - May 2020  
音乐: Good News - Mandisa



Begin after 8 beats, with vocals.

## [1-8] Side rock, triple step R&L

1, 2, 3&4      Rock R, recover L, step R, L, R in place  
5, 6, 7&8      Rock L, recover R, step L, R, L in place

## [9-16] Pivot 1/4 L, x4

1-2              Step R, turn 1/4 L, weight L (9:00)  
3-4              Step R, turn 1/4 L, weight L (6:00)  
5-6              Step R, turn 1/4 L, weight L (3:00)  
7-8              Step R, turn 1/4 L, weight L (12:00)

## [17-24] Step, behind, triple 1/4 R, Step, behind, triple

1, 2              Step R to R, step L behind R  
3&4              Step R to R, step L beside R, and R beside L while turning 1/4 R (3:00)  
5, 6              Step L to L, step R behind L  
7&8.              Step L to L, step R beside L, and L beside R in place

## [25-32] Heel step R&L, V-step

1-4              Touch R heel, step R beside L, touch L heel, step L beside R  
5-8              Step R out, step L out, step R center, step L beside R