

No I in Beer (E-Z)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Lisa Singleton (USA) & Linda Meehan - May 2020
音乐: No I in Beer - Brad Paisley



Dance begins when lyrics start

TOE HEEL STOMP, HOLD (FORWARD 2X)

1-4 Touch R Toe next to L, Touch R Heel next to L, Stomp R Forward, Hold
5-8 Touch L Toe next to R, Touch L Heel next to R, Stomp L Forward, Hold

STEP BACK, SCOOT BACK, LEFT COASTER BACK, HOLD

1-4 Step R back, Scoot Back L Beside R, Step Back R, Hold
5-8 Step L Back, R Together, Step Forward L, Hold

RIGHT SIDE ROCK CROSS, HOLD, SIDE ROCK ¼ TURN, HOLD

1-4 R Side Rock, Recover L, Cross R over L, Hold
5-8 L Side Rock, Recover R while Pivoting ¼ R, Cross L over, Hold

LONG STEP RIGHT, HOLD, SWIVEL 3X, HOLD

1-4 Step Long R, Hold, Step Together L, Hold
5-8 Swivel on heels 3X (according to dancers preference RLR or LRL) Hold

Repeat
