

# Catch EZ

**COPPER KNOB**  
STEPSHETS

拍数: 16      墙数: 4      级数: Beginner  
编舞者: Julie Snailham (ES) - May 2020  
音乐: Catch - Brett Young



**INTRO: 12 heavy beats then start on the word feel**

**S:1 - CHASSE RIGHT, TAP, CHASSE LEFT, RIGHT MAMBO, RUN BACK (L-R-L), TAP**

1&2&      Step R to R side, step L next to R, step R to R side, tap L next to R (facing L diagonal 10.30)  
3&4      Step L to L side, step R next to L, step L to L side (facing R diagonal 1.30)  
5&6      Rock forward on R, recover on L, step back on R (straightening up to 12.00)  
7&8&      Step back L, step back R, step back L, tap R next to L

**S:2 - BASIC NC2 X 2, SIDE TOGETHER ¼ TURN, MAMBO STEP**

1,2 &      Step R long step to R side, rock back on L (slightly behind R), recover on R  
3,4 &      Step L long step to L side, rock back on R (slightly behind L), recover on L  
5&6      Step R to R side, step L next to R, turning ¼ R step forward on R  
7&8      Rock forward on L, recover on R, step back on L

Thank you for looking/teaching my dance

Any queries/questions please contact me at [snailham56@yahoo.co.uk](mailto:snailham56@yahoo.co.uk) or via facebook