# You Know What I'm Talking About



拍数: 48 墙数: 4 级数: Intermediate

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音乐: If You Know, You Know - Nick Alligood

(1-8) Step, Step ¼ turn, Sailor, Sailor ¼ turn, Rock, Recover



### Dance begins after 32 counts, on lyric "Walmart"

1, 2	Step forward LF, Step forward RF with ¼ turn L	
3&4	Cross LF behind RF, recover weight onto RF, Step LF to L side	
5&6	Cross RF behind LF while making ¼ turn R, recover weight to LF, step forward RF	
7, 8	Rock forward LF, recover weight back onto RF	
(9-16) Full turn, Coaster step, ¼ turn step and slide, Kick-ball-cross		
1, 2	½ turn over L shoulder stepping forward LF, ½ turn over L shoulder stepping back RF	
3&4	Step back LF, step together RF, step forward LF	
5, 6	Big side step R with RF making ¼ turn L, slide LF to RF keeping weight on RF	
7&8	Kick LF forward at diagonal angle, step ball of LF together, cross RF over LF	
*Restart Here, Wall 6*		

#### (17-24) Heel grind 1/4 turn, Coaster step, 1/4 turn steps x2, Coaster step

1, 2	Stomp LF down beside RF, grind heel while making ¼ turn L, putting weight back to RF
3&4	Step back LF, step together RF, step forward LF
5, 6	Step forward RF while making ¼ turn L, step back LF while making ¼ turn L
7&8	Step back RF, step together LF, step forward RF

#### (25-32) Step-lock-step x2, Step 1/4 pivot, Behind-side-cross

1&2	Step forward LF, lock step RF behind LF, step forward LF
3&4	Step forward RF, lock step LF behind RF, step forward RF
5, 6	Step forward LF, ¼ pivot R putting weight onto RF
7&8	Step LF behind RF, side step RF to R side, cross LF over RF

#### (33-40) Weave, Lindy

1, 2	Side RF to R side, cross LF behind RF
3, 4	Step RF to R side, cross LF over RF
5&6	Side shuffle to R side stepping RF, together LF, RF
7, 8	Rock LF behind RF, Recover weight onto RF

#### (41-48) Side step, 1/4 turn step back, Coaster step, Rock, Recover, Sailor 1/4 turn

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1, 2	Side step LF to L side, step back RF making ¼ turn R
3&4	Step back LF, step together RF, step forward LF
5, 6	Rock forward RF, recover weight back onto LF
7&8	Cross RF behind LF while making ¼ turn R, recover weight to LF, step forward RF

#### Notes:

## -At Restart on wall 6, replace the Kick-ball-cross with a Kick-ball-change to make the forward step easier. Count will be as follows:

7&8 Kick LF forward at diagonal angle, step ball of LF together, step down RF

-Dance ends after 16 counts on wall 7, end will stomp down following the kick-ball-cross for count 17