

You Know What I'm Talking About

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Kevin and Meléna Richards (USA) - May 2020
音乐: If You Know, You Know - Nick Allgood



Dance begins after 32 counts, on lyric "Walmart"

(1-8) Step, Step ¼ turn, Sailor, Sailor ¼ turn, Rock, Recover

1, 2 Step forward LF, Step forward RF with ¼ turn L
3&4 Cross LF behind RF, recover weight onto RF, Step LF to L side
5&6 Cross RF behind LF while making ¼ turn R, recover weight to LF, step forward RF
7, 8 Rock forward LF, recover weight back onto RF

(9-16) Full turn, Coaster step, ¼ turn step and slide, Kick-ball-cross

1, 2 ½ turn over L shoulder stepping forward LF, ½ turn over L shoulder stepping back RF
3&4 Step back LF, step together RF, step forward LF
5, 6 Big side step R with RF making ¼ turn L, slide LF to RF keeping weight on RF
7&8 Kick LF forward at diagonal angle, step ball of LF together, cross RF over LF

Restart Here, Wall 6

(17-24) Heel grind ¼ turn, Coaster step, ¼ turn steps x2, Coaster step

1, 2 Stomp LF down beside RF, grind heel while making ¼ turn L, putting weight back to RF
3&4 Step back LF, step together RF, step forward LF
5, 6 Step forward RF while making ¼ turn L, step back LF while making ¼ turn L
7&8 Step back RF, step together LF, step forward RF

(25-32) Step-lock-step x2, Step ¼ pivot, Behind-side-cross

1&2 Step forward LF, lock step RF behind LF, step forward LF
3&4 Step forward RF, lock step LF behind RF, step forward RF
5, 6 Step forward LF, ¼ pivot R putting weight onto RF
7&8 Step LF behind RF, side step RF to R side, cross LF over RF

(33-40) Weave, Lindy

1, 2 Side RF to R side, cross LF behind RF
3, 4 Step RF to R side, cross LF over RF
5&6 Side shuffle to R side stepping RF, together LF, RF
7, 8 Rock LF behind RF, Recover weight onto RF

(41-48) Side step, ¼ turn step back, Coaster step, Rock, Recover, Sailor ¼ turn

1, 2 Side step LF to L side, step back RF making ¼ turn R
3&4 Step back LF, step together RF, step forward LF
5, 6 Rock forward RF, recover weight back onto LF
7&8 Cross RF behind LF while making ¼ turn R, recover weight to LF, step forward RF

Notes:

-At Restart on wall 6, replace the Kick-ball-cross with a Kick-ball-change to make the forward step easier.

Count will be as follows:

7&8 Kick LF forward at diagonal angle, step ball of LF together, step down RF

-Dance ends after 16 counts on wall 7, end will stomp down following the kick-ball-cross for count 17