

Muevelo

COPPER KNOB
BY SHEETS

拍数: 64 墙数: 4 级数: Phrased Improver
编舞者: Mei Mei (INA) & Erni Jasin (INA) - May 2020
音乐: Muévelo - Nicky Jam & Daddy Yankee



Intro. : Start dance after 16 counts

Dance Section : A B B B B*(16 c) Variation B B*(16 c) A B (Ending)

PART A.

S1. CROSS SAMBA, CROSS SHUFFLE, SAMBA WHISK R - L

1 a 2 Cross RF over LF (1), Rock LF to side (a), Recover on RF (2)
3 & 4 Cross LF over RF (3), Step RF to side (&), Cross LF over RF (4)
5 a 6 Step RF to side (5), Rock LF behind RF (a), Recover on RF (6)
7 a 8 Step LF to side (7), Rock RF behind LF (a), Recover on LF (8)

S2. VOLTA ½ TURN R , VOLTA FULL TURN L

1&2& 1/8 Turn R stepping RF forward (1), Step LF behind RF (&), 1/8 Turn R stepping RF forward (2), Step LF behind RF (&)
3 & 4 1/8 Turn R stepping RF forward (3), Step LF behind RF (&), 1/8 Turn R stepping RF forward (4) Facing (6.00)
5&6& 1/4 Turn L stepping LF forward (5), Step RF behind LF (&), 1/4 Turn L stepping LF forward (6), Step RF behind LF (&)
7 & 8 1/4 Turn L stepping LF forward (7), Step RF behind LF (&), 1/4 Turn L stepping LF forward (8) Facing (6.00)

S3. CROSS SAMBA, CROSS SHUFFLE, SAMBA WHISK R - L

1 a 2 Cross RF over LF (1), Rock LF to side (a), Recover on RF (2)
3 & 4 Cross LF over RF (3), Step RF to side (&), Cross LF over RF (4)
5 a 6 Step RF to side (5), Rock LF behind RF (a), Recover on RF (6)
7 a 8 Step LF to side (7), Rock RF behind LF (a), Recover on LF (8)

S4. VOLTA 1/2 TURN R , VOLTA FULL TURN L

1&2& 1/8 Turn R stepping RF forward (1), Step LF behind RF (&), 1/8 Turn R stepping RF forward (2), Step LF behind RF (&)
3 & 4 1/8 Turn R stepping RF forward (3), Step LF behind RF (&), 1/8 Turn R stepping RF forward (4) Facing (12.00)
5&6& 1/4 Turn L stepping LF forward (5), Step RF behind LF (&), 1/4 Turn L stepping LF forward (6), Step RF behind LF (&)
7 & 8 1/4 Turn L stepping LF forward (7), Step RF behind LF (&), 1/4 Turn L stepping LF forward (8) Facing (12.00)

PART B.

S1. ROCKING CHAIR , HIP BUMPS 2X

1&2& Rock RF forward (1), Recover on LF (&) Rock RF back (2) Recover on LF (&)
3 & 4 Push hip to Right (3), Left (&), Right (4) weight on RF
5&6& Rock LF forward (5), Recover on RF (&) Rock LF back (6) Recover on RF (&)
7 & 8 Push hip to Left (7), Right (&), Left (8) weight on LF

S2. KICK STEP FORWARD TOUCH L, KICK STEP FORWARD TOUCH R, CROSS SAMBA , CROSS SIDE HITCH

1 & 2 Kick RF forward (1), Step RF forward (&), Touch LF to L side (2)
3 & 4 Kick LF forward (3), Step LF forward (&), Touch RF to R side (4)
5 a 6 Cross RF over LF (5), Rock LF to side (a), Recover on RF (6)

7 & 8 Cross LF over RF (7), Step RF to side (&), ¼ Turn L step LF to side with hitch on RF (8)

Note:

There is restart after 16 count on wall 4 and doing Variation

There is restart after 16 count on wall 6 and doing Part A

S3. COASTER STEP, ROCK SIDE L - CHEST POP/SHIMMY, ¼ PADDLE TURN LEFT

1 & 2 Step RF back (1), Step LF close RF (&), Step RF forward (2)

3 & 4 Rock LF to L side (3), Recover on RF (&) doing Chest Pop or Shimmy shoulder , Close LF together (4)

5&6& Step RF to side (5), Recover on LF (&), 1/8 Turn L step RF forward (6), Recover on LF (&)

7 & 8 1/8 Turn L step RF forward (7), Recover on LF (&), Step RF to R side (8)

S4. STEP TOUCH R - L, CHASEE RIGHT, TOUCH FORWARD – SIDE, COASTER STEP

1&2& Step RF to R side (1), Touch LF beside RF (&), Step LF to L side (2), Touch RF beside LF (&)

3 & 4 Step RF to R side (3), Step LF next to RF (&), Step RF to R side (4)

5 6 Touch LF forward (5), Touch LF to L side (6)

7 & 8 ¼ Turn L Step LF back (1), Step RF close LF (&), Step LF forward (2)

VARIATION.

S1. BOTAFOGO, CROSS SHUFFLE, ½ TURN L CROSS SHUFFLE

1 a 2 Cross RF over LF (1), Rock LF to side (a), Recover on RF (2)

3 a 4 Cross LF over RF (3), Rock RF to side (a) Recover on LF (4)

5 & 6 Cross RF over LF (5), Step LF to side (&), Cross RF over LF (6)

7 & 8 ½ Turn L coss LF over LF (7), Step RF to side (&), Cross LF over LF (8)

S2. ROCKING CHAIR R , BACK ROCKING CHAIR L

1&2& Rock RF forward (1), Recover on LF (&) Rock RF back (2) Recover on LF (&)

3 & 4 Rock RF forward (3), Recover on LF (&) Rock RF back (4)

5&6& Rock LF back (1), Recover on RF (&) Rock LF forward (6) Recover on RF (&)

7 & 8 Rock LF back (7), Recover on LF (&) Rock LF forward (8)

S3. FORWARD LOCK SHUFFLE, ½ TURN R PIVOT FORWARD, FORWARD LOCK SHUFFLE, MAMBO L

1 & 2 Step RF forward (1), Lock LF behind RF (&), Step RF forward (2)

3 & 4 Step LF forward (3), ½ Turn R weight on RF (&), Step LF forward (4)

5 & 6 Step RF forward (5), Lock LF behind RF (&), Step RF forward (6)

7 & 8 Step LF forward (7), Recover on RF (&), Step LF back (8)

S4. SAMBA WHISK R – L, ROCKING CHAIR , ½ TURN LEFT PIVOT FLICK

1 a 2 Step RF to side (1), Rock LF behind RF (a), Recover on RF (2)

3 a 4 Step LF to side (3), Rock RF behind LF (a), Recover on LF (4)

5&6& Rock RF forward (5), Recover on LF (&) Rock RF back (6) Recover on LF (&)

7 8 Step RF forward (7), ½ Turn L weight on LF with flick on RF (8)

Ending dance facing at 12.00 , the last step is part B - S4, on count 7 & 8 (Half turn to the left)

7 & 8 1/2 Turn L step LF behind RF with sweep (7), Step RF to R side (&), Step LF to L side (8)

ENJOY THIS EASY AND FUN DANCE STAY HOME & STAY HEALTHY ♥

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