

Sunday Morning Heart

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Laurent Chalon (BEL) - March 2020
音乐: Sunday Morning Heart - Jon Langston



Intro : 16 Counts

Section 1 : Cross, Side, Behind, Side Point, Cross, Side, Behind Side Cross

1 Cross LF over RF
2 RF step to the right
3 Cross LF behind RF
4 RF Point to the right side
5 Cross RF over LF
6 LF step to the left
7&8 Cross RF behind LF, LF step to the left, cross RF over LF

Section 2 : Side Rock, Cross Shuffle, Side Rock, Cross, Side Point

1-2 Side Rock LF to the left, recover on RF
3&4 Cross LF over RF, RF step to the right, Cross LF over RF
5-6 Side Rock RF to the right side, recover on LF
7 Cross RF over LF
8 Point LF to the Left*

* Restart here wall 4

Section 3 : Step Pivot ½ turn R, Shuffle Fwd, Rock Fwd ¼ turn R, Side Rock

1-2 LF step forward, Pivot ½ turn to the right 06:00
3&4 LF Step forward, RF next to LF, LF step forward
5-6 Rock forward RF, recover on LF with ¼ turn to the right 09:00
7-8 Side Rock RF to the right, recover on LF

Section 4 : Jazz Box, Rock Fwd, Coaster Step

1-4 Cross RF over LF, LF Step back, RF step to the right, LF step forward
5-6 Rock forward RF, recover on LF
7&8 RF step back, LF next to RF, RF step forward

TAG: Rocking Chair

End wall 7

1-2 Rock forward LF, Recover on RF
3-4 Rock back LF, Recover on RF

Bonne danse...

country@webchalon.be - <http://countrylinedance.webchalon.be>

Last Update - 14 April 2021