

Six Feet Apart

拍数: 32 墙数: 2 级数: Improver
编舞者: Sean Buckley - May 2020
音乐: Six Feet Apart - Luke Combs



**** Sign language interpretation available for teach and demo videos with yellow/orange/pink thumbnail pictures.**

Start the dance after 16 counts with weight on right foot

Section one: Left step, touch, right shuffle, right weave

- 1, 2, 3, &, 4 Step to left on left foot, touch right foot beside left, step right foot to right, step left foot beside right, step right foot to right side
- 5, 6, 7, 8 Cross left foot behind right foot, step right foot to right, cross left foot in front of right foot, step right foot to right

Section two: Rock-recover, ¼ turn right shuffle, rock-recover, right forward shuffle

- 1, 2, 3, &, 4 Rock back onto left foot, recover weight onto right foot, ¼ turn to right while stepping onto left foot (facing 3:00), step right foot beside left foot, ¼ turn to right while stepping back onto left foot (facing 6:00)
- 5, 6, 7, &, 8 Rock back onto right foot, recover weight onto left foot, step right foot forward, step left foot beside right foot, step right foot forward

Restart happens here during walls 3 (when facing 6:00), 6 & 8 (when facing 12:00)

Section three: ½ pivot turn, coaster step, rock-recover, forward right shuffle

- 1, 2, 3, &, 4 Bring left foot forward, pivot ½ over right shoulder (while keeping weight on right foot and using left foot to turn), step left foot forward, step right foot beside left foot, step back onto left foot
- 5, 6, 7, &, 8 Rock back onto right foot, recover weight onto left foot, step forward on right foot, step left beside right foot, step right foot forward

Section four: Left mambo step, touch-½ turn, rocking chair

- 1, &, 2, 3, 4 Rock weight forward onto left foot, return weight onto right foot, small step back onto left foot, touch right foot behind left foot, ½ turn to right with weight transfer onto right foot (facing 6:00)
- 5, 6, 7, 8 Rock weight forward onto left foot, return weight onto right foot, rock weight back onto left foot, return weight onto right foot

Last Update – 24 May 2020