

Nobody

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: High Intermediate
编舞者: Hiroko Carlsson (AUS) - May 2020
音乐: Nobody (feat. Romaine Willis & Dany Yei) - Middle Class Richkids : (iTunes)



(16 counts intro)

[S1] Fwd Rocking Step-Hitch-Fwd(Cross), Back Rocking Step-Hitch-Back(Behind)

1&2& Rock across R over L, Replace weight on L, Rock across R over L, Replace weight on L
3 4 Rock across R over L, Hitch L knee and step across L over R,
5&6& Rock R behind L, Replace weight on L, Rock R behind L, Replace weight on L
7 8 Step R behind L and hitch L knee, Step L behind R (12:00)

[S2] Cross-1/4R-Back-Cross-Back, 1/2L, 1/4L Rock-Recover, 3/8R Fwd-Step-1/2R Together

1&2& Cross R over L, Make a 1/4 turn right stepping back on L, Step back on R, Cross L over R
3 4 Step back on R, ake a 1/2 turn left stepping forward on L,
5 6 Make a 1/4 turn left rocking R to the side, Recover weight on L (prep for 3/8 hinge turn) (6:00)
7&8 Make a 3/8 turn right stepping forward on R (1:30), Step forward on L, Make a 1/2 turn right
on ball of left foot stepping/pulling R together (7:30)

[S3] L Lock Step Fwd, Step-Pivot 1/2R, L Lock Step, Fwd w/ Hitch-3/8L Cross (Rock)

1&2& Step forward on L, Lock R behind L, Step forward on L, Lock R behind L
3 4 Step forward on L, Make a 1/2 turn right recover weight on R (1:30)
5&6& Step forward on L, Lock R behind L, Step forward on L, Lock R behind L
7&8 Step forward on L, Hitch R foot and make a 3/8 turn left on ball of left foot, Rock across R
over L (9:00)

[S4] Recover-Side Rock, Behind, Side Rock, 1/2L Ball Step Turn

1&2 Recover/step L behind R, Rock R to the side, Recover weight on L
3 4 5 Step R behind L, Rock L to side, Recover R to the side
6&7&8 Making a 1/2 circle turn left – Step (L)-ball (R)-step (L)-ball (R)-step forward (L) (3:00)

No Tags or Restarts

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 19/May/20)