

Tip on the Tightrope

拍数: 64 墙数: 2 级数: High Intermediate
编舞者: Hege Langhelle (NOR) - May 2020
音乐: Tightrope (feat. Big Boi) - Janelle Monáe



(1-8) 1/8 R step,snap,cross,snap,step,touch,back,kick

1-4 1/8 R Rf step fwd, snap R fingers up, Lf cross Rf(bend knees), snap R fingers down.
5-8 Rf step fwd, Lf touch beside Rf, Lf step back, Rf kick fwd(1.30)

(9-16) Back,snap,recover,scuff,fwd,swivel,kick

1-4 Rf step back, bend R knee pop L knee and snap R fingers down, recover to Lf, Scuff Rf beside Lf.
5-8 Rf step fwd, swivel both heels R, return to center(weight on Lf), Rf kick fwd.

(17-24) Back,kick,back,kick,1/4 coaster,scuff

1-4 Rf step back, Lf kick fwd, Lf step back, Rf kick fwd.
5-8 Rf step back, Lf step beside Rf, 1/4 R Rf step fwd, Lf scuff beside Rf(4.30)

(25-32) cross,1/8side,behind,side,jazzbox.

1-4 Lf cross Rf, 1/8 L Rf step R, Lf behind Rf, Rf step R(3.00)
5-8 Lf cross Rf, Rf step back, Lf step L, Rf cross Lf.

(33-40) deep sway L,deep sway R, R sailor,pop.

1-4 Lf sway L, Rf sway R.
5-8 Lf behind Rf, Rf beside Lf, Lf step L, pop R knee.

(41-48) L sailor,1/4 touch,side,1/4 touch,1/4 touch.

1-4 Rf behind Lf, Lf beside Rf, Rf step R, 1/4L Lf touch beside Rf(12.00)
5-8 Lf step L, 1/4L Rf touch beside Lf, Rf step R, 1/4L Lf touch beside Rf(6.00)

(49-56) Rock&cross,hold,rock&cross,hold.

1-4 Lf rock L, recover to Rf, Lf cross Rf, hold & snap fingers to the side.
5-8 Rf rock R, recover to Lf, Rf cross Lf, hold & snap fingers to the side.

(57-64) Kick,behind,side,cross,kick,behind,side,touch.

1-4 Lf kick fwd, Lf behind Rf, Rf step R, Lf cross Rf.
5-8 Rf kick fwd, Rf behind Lf, Lf step L, Rf touch beside Lf(6.00)

START AGAIN....no restart & no tags □