

Pour Que

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: High Intermediate
编舞者: Julee Hansel (INA) - May 2020
音乐: Pour que tu m'aimes encore - Céline Dion



Dance Order: 32 - 32 - 32 - Tag 1- Tag 2 - 32 - 32 - 32 - 32 - Tag 1 - 32 - 32 - 16

Tag 1 : 8 counts

Tag 2 : 8 counts

Dance is started after 8 counts - No Restart

Section 1: Full Turn-Hitch-Sweep, Turn, Pivot, 3 Step Turn

- 1 Step L fwd & full turn while hitching R knee (12.00)
- 2 - 3 Step R to side & sweep L to back in slow motion (2 counts)
- 4 & 5 Step L behind R, ¼ turn right & step R fwd (3.00), step L fwd
- 6 - 7 ½ turn right & keep body weight on L (9.00), step R in place
- 8 & Step L fwd, turn ½ to left step R to back (3.00)

Section 2: Lunge, Push-Recover-Sweep, Step Back-Sweep (2x), Recover

- 1 - 2 Turn ½ to left & step L fwd while sweeping R to front (9.00), step R fwd & lunge
- 3 - 4 Hold, push R & pull body backward step on L while sweeping R to back
- 5 - 6 Step R to back while sweeping L to back, step L to back while sweeping R to back
- 7 - 8 Step R to back & pop L knee, Step on L in place

Section 3: Spiral Full Turn, Step-Sweep, Lunge, Pull Backward, Turn-Drag

- 1 - 2 Cross R over L & full turn, step L fwd & sweep R to front
- 3 - 4 Step R fwd & lunge, hold
- 5 - 6 Push R & pull body backward step on L while dragging R next to L, turn ¼ to right & step R to side (12.00)
- 7 - 8 Drag L next to R on toe in slow motion (2 counts)

Section 4: Lunge, Push-Recover-Sweep, Step Back-Sweep (2x), Recover

- 1 & 2 Turn 1/8 to right & step L fwd (1.30), squaring & step R to side (12.00), turn 1/8 to left & step L fwd while bending L knee a little bit (10.30)
- 3 & 4 Step R fwd, squaring & step L to side (12.00), turn 1/8 to right & step R fwd while bending R knee a little bit (1.30)
- 5 - 6 Squaring & step L fwd (12.00), step R fwd
- 7 - 8 Turn ½ to left & step L in place (6.00), step R fwd with L pointed

TAG 1 (Hands actions – body weight on R with L pointed on the back)

- 1 - 2 Swing up right hand to side as the shoulder level & left hand up above the head level in slow motion
- 3 - 4 Swing down both hands clock wise until the hip level in slow motion
- 5 - 6 Swing up both hands clock wise until the above head level in slow motion
- 7 - 8 Swing down right hand to right & left hand to left until the hip level

TAG 2 (Hands actions & Feet Movement on the spot)

- 1 - 2 Move body weight to L with R pointed & swing both hands to front of body in slow motion
- 3 - 4 Swing right hand to right & left hand to left while R sweeping from front to side in slow motion
- 5 - 6 Sweep R from side to back, step on R with L pointed while swinging both hands from side to front in slow motion
- 7 - 8 Hold 2 counts with free hand style (prepare to dance from the first section)

Happy Dancing - Life is Beautiful

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