

The Sign

拍数: 32 墙数: 4 级数: Beginner
编舞者: Khansa & Khansa (INA) - May 2020
音乐: The Sign - Ace of Base



Intro: 52 counts, start dance on vocal - 2 TAGS, 1 RESTART

WALK FORWARD , FWD MAMBO , WALK BACK , COASTER STEP

1 – 2 Step R forward – step L forward
3 & 4 Rock R fwd – recover on L – step R back
5 – 6 Step L back – step R back
7 & 8 Step L back – step R beside L – step L fwd

KICK AND TOUCH , ANCHOR STEP

1 & 2 Kick R fwd – step R in place – touch L to side
3 & 4 Kick L fwd – step L in place – touch R to side
5 & 6 Rock R back – recover on L – recover on R
7 & 8 Rock L back – recover on R – recover on L

(*Restart here on wall 3)

VAUDEVILLE , JAZZ BOX ¼ TURN RIGHT

1&2& Cross R over L – step L to side – R heel touch diag fwd – step R in place
3&47 Cross L over R – step R to side – L heel touch diag fwd – step L in place
5 – 6 Cross R over L – ¼ turn right step L back(3.00)
7 – 8 Step R to side – cross L over R

DIAGONAL ROCK STEP (with hip pushed) , BEHIND SIDE CROSS

1 – 2 Rock R and push hips diag fwd – recover on L push hip back
3 & 4 Cross R behind L – step L to side – cross R over L
5 – 6 Rock L and push hip diag fwd – recover and R push hip back
7 & 8 Cross L behind R – step R to side – cross L over R

***TAGS : after wall 2 (6.00) and wall 5 (12.00)**

1 – 4 step R out forward – step L to side – step R back in – step L beside R

****Restart : on wall 3 after 16 counts**

Stay safe and have fun !!!!!

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