

Rock The Boat

拍数: 40 墙数: 4 级数: Beginner
编舞者: Amy Christian (USA) - May 2020
音乐: Rock the Boat - The Hues Corporation



Intro: 16 count. SEQUENCE: Intro 16 – 40 – 36 – 23 – 40 – 36 – 23 – 40 – 40.

SIDE, TOGETHER, SIDE, TOGETHER, SHUFFLE FORWARD, SHUFFLE FORWARD,

1-4 Step R to right side, Step L next to R, Step R to right side, Step L next to R,
5&6 Shuffle forward R-L-R,
7&8 Shuffle forward L-R-L,

¼ TURN SIDE, TOGETHER, SIDE, TOGETHER, SHUFFLE FORWARD, SHUFFLE FORWARD,

1-4 Turn ¼ left and Step R to right side, Step L next to R, Step R to right side, Step L next to R,
 [9:00]
5&6 Shuffle forward R-L-R,
7&8 Shuffle forward L-R-L,

ROCKING CHAIR, OUT, OUT, TOUCH (CLAP), HITCH (SNAP),

1-4 Rocking Chair R-L-R-L,
5-6 Step R out to right side (not forward), Step L out to left side (not forward),
7 Touch R next to L and Clap,
**** RESTART B – happens here on Wall 3 and Wall 6.**
8 Lean slightly back as you Hitch R (or Hold) and Snap your fingers,

ROCKING CHAIR, ¼ TURN ROCKING CHAIR,

1-4 Rock forward on R, Recover back on L, Rock back on R, Recover on L,
5-8 1/8 Turn left Rock fwd on R, Recover back on L, 1/8 turn left Rock fwd on R, Recover on L
 [9:00]

WEAVE, BIG STEP TO RIGHT SIDE, TOGETHER, KNEE POPS,

1-4 (Weave) Step R across L, Step L to left side, Step R behind L, Step L to left side,
***RESTART A – happens here on Wall 2 and Wall 5.**
5-6 Take a big step to the right side on R, Step L next to R,
7-8 Pop R knee as you push L hip left (don't lift R heel) , Pop L knee as you push R hip
 right(don't lift L heel),

Start over!

***RESTART A – Dance 36 counts and start over. This happens on Wall 2 and Wall 5.**

**** RESTART B – Dance 23 counts and start over. This happens on Wall 3 and Wall 6.**

Take note that the Restarts A and B happens back to back. So that makes it easy to remember.

SEQUENCE: Intro 16 – 40 – 36 – 23 – 40 – 36 – 23 – 40 – 40.

Email: amyc@linefusiondance.com Website: www.linefusiondance.com