

# The Eagle

拍数: 56                      墙数: 4                      级数: Beginner  
编舞者: Bill Douglas & Moira Douglas - May 2020  
音乐: The Eagle - Waylon Jennings



Also:-

Down any country road – Pete Redfern .....

Any way the wind blows – Brother Phelps

## RIGHT HEEL TOUCHES FORWARD HOLD, STEP LOCK STEP HOLD

1 – 4                      Touch right heel forward, touch right toe beside left, touch right heel forward , hold  
5 – 8                      step forward right, lock left behind right, step forward right, hold

## LEFT HEEL TOUCHES FORWARD HOLD, STEP LOCK STEP HOLD

1 – 4                      Touch left heel forward, touch left toe beside right, touch left heel forward, hold  
5 – 8                      step forward left, lock right behind left, step forward left, hold

## RIGHT TOE TOUCH OUT IN OUT HOLD, BACK LOCK BACK, HOLD

1 – 4                      Touch right toe out to side, touch beside left, touch out to side, hold  
5 – 8                      step back right, lock left across front of right, step back right, hold

## LEFT TOE TOUCH OUT IN OUT HOLD, BACK LOCK BACK HOLD

1 – 4                      Touch left toe out to side, touch in beside right, touch out to side, hold  
5 – 8                      step back left, lock right across front of left, step back left, hold.

## HEELS TAPS HOLD

1 – 4                      Tap right heel forward twice, close beside left, hold  
5 – 8                      tap left heel forward twice, close beside right, hold.

## TOUCH OUT, SLAP HEEL BEHIND, CLOSE, HOLD

1 – 4                      Touch right toe out to side, bring up behind left & slap with left hand, close beside left, hold  
5 – 8                      touch left out to side, bring up behind right and slap with right hand, close beside right, hold.

## STEP, PIVOT 1/4, STEP (NO WEIGHT), HOLD, STEP PIVOT 1/2, STEP (NO WEIGHT), HOLD

1 – 4                      Step forward right, pivot 1/4 left, step right beside left (no weight), hold  
5 – 8                      step forward right, pivot 1/2 left, step right beside left (no weight), hold.

## BEGIN AGAIN AND HAVE FUN

Contact - Submitted by - Helen Parkyn : [hrdw\\_helen@hotmail.com](mailto:hrdw_helen@hotmail.com)