

Watch Me Dance

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Debbie Rushton (UK) - February 2019
音乐: Watch Me Do - Meghan Trainor



Count in: After 16 counts, on lyrics

Tag: During wall 7, dance up to count 24 and then do the tag.

TOUCH BEHIND, SIDE, SWEEP, BEHIND, SHUFFLE ¼ TURN, HITCH ¼ SIDE TOUCH

1 2 Touch R behind L, Step R to R side
3 4 Cross L slightly behind R and sweep R from front to back, Cross R behind L
5&6 Step L to L side, Step R beside L, Make ¼ turn L stepping L forward (9oclock)
&7 8 Make ¼ turn L hitching R knee up, Step R big step to R side, Slide L to R (6 oclock)

(&) CROSS, SIDE, BEHIND SIDE CROSS, HITCH & SIT, ¼ TURN ½ TURN STEP

&1 2 Step L beside R, Cross R over L, Step L to L side
3&4 Cross R behind L, Step L to L side, Cross R over L
5&6 Hitch L knee up & bump hips L, Bump hips R, Step L to L & bump hips L (bending knees to 'sit')
7 8 Make ¼ turn R stepping R forward, Spin ½ turn R and step L beside R (3oclock)

CAMEL WALKS x2, ROCK RECOVER SIDE, APPLEJACKS, BEHIND ¼ TURN STEP

1 2 Step forward on R & touch L beside R, Step forward L and touch R beside L (camel walks)
3&4 Rock R forward, Recover back onto L, Step R to R side (but share weight across both feet)
5&6 With weight on R toe & L heel, fan L toe & R heel to L, Bring L toe & R heel back to centre, Shift weight to L toe & R heel & fan L heel & R toe to R (try to end with weight on R)
7&8 Cross L behind R, Make ¼ turn R stepping R forward, Step L forward (6oclock)

DIAGONAL STEP TOUCH x2, STEP ½ TURN, ½ TURN ¼ TURN

1 2 Step R big step forward to R diagonal, Touch L beside R
3 4 Step L big step forward to L diagonal, Touch R beside L
5 6 Step R forward, Pivot ½ turn L taking weight forward onto L (12 oclock)
7 8 Make ½ turn L stepping R back, Make ¼ turn L stepping L to L side & dragging R heel towards L (get ready to touch R toe behind L to start again. Try not to over-rotate the turn or you will want to step across, rather than touching behind) (end facing 3oclock)

TAG – During Wall 7, dance up to count 24 then do the tag below facing 12 oclock

DIAGONAL STEP TOGETHER STEP TOUCH, DIAGONAL STEP TOGETHER STEP TOUCH

1234 Step R to R diagonal, Step L beside R, Step R to R diagonal, Touch L beside R
5678 Step L to L diagonal, Step R beside L, Step L to L diagonal, Touch R beside L

bounce shoulders on the above 8 counts

ROCKING CHAIR, STEP ½ TURN, ½ TURN ¼ TURN

1234 Rock forward on R, Recover back onto L, Rock backwards on R, Recover forward on L
5678 Step R forward, Pivot ½ turn L, Make ½ turn L stepping R back, Make ¼ turn L stepping L to L

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