

Be A Lady

COPPERKNOB
STEPPERS

拍数: 32 墙数: 2 级数: Improver
编舞者: Judy Rodgers (USA) - May 2020
音乐: Lady - Brett Young



#16 count intro - 3 Restarts

S1: Mambo, coaster cross, turn 1/4 L back, back mambo

1&2 Rock fwd R, recover L, step slightly back R
3&4 Step back L, step R beside L, cross L over R
5-6 Turn 1/4 left step R back, step L back 9:00
7&8 Rock R back, recover L, step fwd R

S2: Rock recover, turn 1/4 L shuffle, cross shuffle, sway sway sway

1-2 Rock L fwd, recover R
3&4 Turn 1/4 left shuffle side L R L 6:00
5&6 Cross shuffle R L R
7&8 Sway L R L

***** Restart Wall 3 (facing 6:00), Wall 4 (facing 12:00) and Wall 7 (facing 6:00)

S3: Step turn 1/2 R, turn 1/4 R shuffle, cross rock & cross shuffle

1-2 Step fwd R, turn 1/2 right step back L 12:00
3&4 Turn 1/4 right shuffle R L R 3:00
5-6& Cross rock L over R, recover R, step L to left side
7&8 Cross R over L, step L to left side, cross R over L

S4: Turn 1/4 R, side, & sway sway , jazz box

1-2 Turn 1/4 right step L back, step R to right side 6:00
&3-4 Step L beside R, sway R, sway L
5-8 Cross R over L, step L back, step R to right side, step L fwd

Three Restarts:

Wall 3 starts facing 12:00....dance 16 counts and restart facing 6:00

Wall 4 starts facing 6:00.....dance 16 counts and restart facing 12:00

Wall 7 starts facing 12:00....dance 16 counts and restart facing 6:00

Ending: Wall 9 is the last wall and starts facing 12:00....dance 18 counts,

Change 3&4 to step R to right side, touch L beside R and smile!

Last Update - 19 May 2020