

# Catch Beginner

**COPPER KNOB**  
STEPSHETS

拍数: 32      墙数: 4      级数: Beginner  
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音乐: Catch - Brett Young



**Intro: 32 Counts No Tags! No Restarts!**

## **RUMBA BOX**

1,2,3,4      Step right to side, step left together, step right forward and hold  
5,6,7,8      Step left to side, step right together, step left back and hold

## **LOCK STEPS BACK, MAMBO**

1,2,3,4      Step right back, lock left in front of right, step right back and hold  
5,6,7,8      Rock left back, recover right, step left forward and hold

## **SIDE STEPS WITH ¼ TURN, MAMBO**

1,2,3,4      Step right to side, step left together, step right with a ¼ turn and hold.  
5,6,7,8      Rock to left side, recover right, step left next to right and hold

## **NIGHTCLUBS**

1,2,3,4      Step right to side, hold, rock back left and recover right  
5,6,7,8      Step left to side, hold, rock back right and recover right

**ENJOY!**

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