

We are Warriors

拍数: 32 墙数: 4 级数:
编舞者: Orsola Amoroso (UK) - May 2020
音乐: We Are Warriors - Avril Lavigne



No Tags Or Restarts.

BACK ROCK, ¼ RIGHT TURN, STEP, ½ PIVOT RIGHT, BACK ROCK

1&2 Rock right behind left, recover weight to left, Step right ¼ turn right.
3&4& Step left fwd pivot ½ right, slight pause on pivot, Rock back onto right, Recover weight to left.

CROSS & SIDE, CROSS & SIDE

5&6 Cross right over left, Step left to side, Step right to side
7&8 Cross left over right. Step right to side, Step left to side.

CROSS ¼ BACK, BACK ROCK ½ PIVOT RIGHT,

1&2 Cross right over left, Step left ¼ turn right, Step back right.
3&4 Rock back on left, Recover weight to right, Pivot ½ turn right

BACK ROCK ¼ PIVOT LEFT, COASTER CROSS.

5&6 Rock back onto right, Recover weight onto left, Step right ¼ turn right
7&8 Step back left, Close right beside left, Cross left over right

SWAY RIGHT, SWAY LEFT, BEHIND, SIDE CROSS,

1-2 Sway right, Sway left
3&4 Step right behind left, Step left to left, Cross right over left.

SWAY LEFT SWAY RIGHT, COASTER ¼ LEFT.

1-2 Sway left, Sway right.
3&4 Step left behind right, Step right ¼ turn left, Step left beside right.

STEP ½ PIVOT LEFT, SHUFFLE ½ LEFT,

1-2 Step right forward, Pivot ½ turn left.
3-4 Shuffle ½ left stepping right, left, right.

BEHIND ¼ LEFT CROSS, SWAY RIGHT, SWAY LEFT.

1&2 Sweep left behind right, Step right ¼ turn left, Cross left over right.
3-4 Sway right, Sway left.

Quote from music publication Kerrang! : In light of the coronavirus pandemic and these strange and uncertain times that we're all living in, Avril Lavigne has re-recorded and renamed her 2019 song Warriors for charity. All net profits from "We Are Warriors" will go Project Hope's COVID-19 relief efforts.