

I Swear I Do

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Martine Pagnon (FR) - April 2020
音乐: I Got This - The McClymonts : (Album: Mayhem to Madness)



Introuction : 16 comptes

[1-8] STEP, LOCK, STEP-LOCK-STEP, ROCK STEP FWD, TRIPLE STEP ½ TURN

1 - 2 RF diagonally fwd on right – Cross LF behind RF (1 :30)
3&4 RF diagonally fwd on right – Cross LF behind RF - RF diagonally fwd on right
5 - 6 Rock fwd onto LF – Recover onto RF
7&8 Make ½ turn L stepping LF fwd to R diagonal – Close RF beside LF – LF fwd to R diagonal (7 :30)

[9-16] STEP, LOCK, STEP-LOCK-STEP, ROCK STEP FWD, TRIPLE STEP 1/8 TURN

1 - 2 RF diagonally fwd on right – Cross LF behind RF
3&4 RF diagonally fwd on right – Cross LF behind RF - RF diagonally fwd on right
5 - 6 Rock fwd onto LF – Recover onto RF
7&8 Make 1/8 turn L stepping LF to L side - Close RF beside LF – Step LF to left side (6:00)

[17-24] CROSS, SIDE, BEHIND-SIDE-HEEL, CROSS, SIDE, SAILOR ¼ TURN

1 - 2 Cross RF over LF – Step LF to L side
3&4 Cross RF behind LF – Step LF slightly to L side – R heel fwd
&5-6 RF step beside LF – Cross LF over RF – Step RF to right side
7&8 Cross LF behind RF – RF to right side making ¼ turn on left side – LF slightly fwd (3:00)

[25-32] PIVOT TURN X 2, ROCK STEP FWD, BEHIND-TOGETHER-HEEL, HOLD & CLAPS

1 - 2 RF step fwd - ½ turn on left (9:00)
3 - 4 RF step fwd - ½ turn on left (3:00)
5 - 6 Rock fwd onto RF – Recover onto LF
&7&8 RF step beside LF – Left heel fwd – Hold + 2 claps (&8)

[33-40] TOGETHER, WALK, WALK, TRIPLE STEP FWD, SYNCOPATED ROCK STEPS FWD,

&1-2 LF step beside RF – RF fwd – LF fwd
3&4 Step RF fwd – Step LF beside RF – Step RF fwd
5 - 6 Rock fwd onto LF – Recover onto RF
&7-8 Step LF beside RF – Rock fwd onto RF – Recover onto LF

[41-48] TOGETHER, PIVOT ½ TURN, TRIPLE STEP FWD, FULL TURN, TRIPLE STEP FWD

&1 - 2 Step RF beside LF – LF step fwd - ½ turn on right (9:00)
3&4 Step LF fwd – Step RF beside LF – Step LF fwd
5 - 6 Make ½ turn on left stepping RF behind – Make ½ turn on left stepping LF fwd
7&8 Step RF fwd – Step LF beside RF – Step RF fwd

*Restart with step changes : On 2nd left, facing 6 :00, replace 7&8 with

*7 - 8 Walk, walk, and restart from the beginning

[49-56] CROSS, POINT, CROSS, POINT, JAZZ BOX CROSS WITH ¼ TURN

1 - 2 Cross LF over RF – Touch RF on right
3 - 4 Cross RF over LF – Touch LF on left
5 - 6 Cross LF over RF – Make ¼ turn on left stepping RF behind (6:00)
7 - 8 Step LF slightly on left – Cross RF over LF

[57-64] SIDE, BEHIND, STEP FWD WITH ¼ TURN, STEP PIVOT ½ TURN, STEP FWD, KICK BALL TOUCH

- 1 - 2 Step LF on left – Cross RF behind LF
- 3 - 4 Make ¼ turn on left stepping LF fwd – Step RF fwd (3:00)
- 5 - 6 ½ turn on left – Step RF fwd (9:00)
- 7&8 Left kick – Replace LF – Touch RF next to LF

Reprendre au début de la danse...

Last Update - 27 Jan 2022
