

Se Swagat

拍数: 32 墙数: 4 级数: High Improver
编舞者: Andrico Yusran (INA) - May 2020
音乐: Swag Se Swagat /Song/Tiger Zinda Hai / Salman Khan, Katrina Kaif / Vishal & Shekhar , Irshad, Neha



Dance :

- Dance Intro 40 counts
- Main Dance 32 counts

Restarts :

- On wall 2 after 16 c
- On Wall 5 after 24 c

Start Dance after intro music 32 counts

DANCE INTRO

iS1# LOCK SHUFFLE DIAGONAL (R-L) - MAMBO FORWARD - COASTER STEP

- 1&2 R forward diagonal to R , L lock behind R , R forward diagonal
3&4 L forward diagonal to L , R lock behind L , L forward diagonal
5&6 R forward - L in place , R back
7&8 L back , R close behind L , L forward

iS2# SIDE TOUCH - CLOSE - SIDE TOUCH - CLOSE - SIDE TOUCH - CLOSE - SIDE TOUCH - CLOSE - SIDE TOUCH - CLOSE - SIDE TOUCH

- 1&2& R side touch , R close beside L , L side touch , L close beside R
3&4 R side touch , R close beside L , R side touch
&5&6 R close beside L , L side touch , L close beside R , L side touch
&7&8 R close beside L , L side touch , L close beside R , L side touch

iS3# CROSS - SIDE TOUCH - CROSS - SIDE TOUCH - BACK JAZZ BOX

- 1-4 Step L cross over R , R side touch , R cross over L , L side touch
5-8 L cross over R , R back , L back , R close touch beside L

iS4# FORWARD DIAGONAL - CLOSE TOUCH (R-L) - BACK PADDLE 1/2

- 1-4 Step R forward diagonal to R , L close touch beside R , L forward diagonal to L , R close touch beside L
5&6& R side touch , R knee up 1/4 turn to R , R side touch , R knee up 1/4 turn to R
7-8 R side touch , R close beside L

iS5# FORWARD DIAGONAL - CLOSE TOUCH (R-L) - BACK PADDLE 1/2

- 1-4 Step L forward diagonal to L , R close touch beside L , R forward diagonal to R , L close touch beside R
5&6& L side touch , L knee up 1/4 turn to L , L side touch , L knee up 1/4 turn to L
7-8 L side touch , L close beside R

MAIN DANCE

S1# SIDE - CROSS BEHIND - SIDE - CROSS ROCK - SIDE - CROSS SHUFFLE - SIDE TOUCH - CLOSE - SIDE TOUCH

- 1-2-& R side , L cross behind R , R side
3&4 L cross over R , R recover , L side
5&6 R cross over L , L side , R cross over R
7&8 L side touch , L close beside R , L side touch (weight on R)

S2# CROSS SHUFFLE - SAMBA WISHK - VOLTA 3/4 to L

1&2 Step L cross over R , R side , L cross over R
3a4 R side , L ball cross behind R , R in place
5&6& Turn ¼ left Step L forward, ball R behind L, Turn 1/4 left Step L forward, Ball R behind L
7&8 Turn 1/8 left Step L forward, Ball R behind L, Turn 1/8 left Step L forward (3.00)

S3# FORWARD TOUCH DIAGONAL (with Bump) - CROSS BEHIND - SIDE - CLOSE TOUCH - SIDE - CLOSE (R-L)

1&2 Step R toe touch diagonal with Bump Out In Out
3&4 R cross behind L , L side , R close touch beside L
5-6 R side , R close beside L (with Shimmy)
7-8 L side , L close beside R (with Shimmy)

S4# SAMBA WISHK - CHASSE - CROSS ROCK - MAMBO

1a2 R side , L ball cross behind R , R in place
3&4 L side , R close beside L , L side
5&6 R cross over L , L in place , R side
7&8 L forward , R in place , L close beside R

Enjoy The Dance

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