

# I'm Ready for This

**COPPER KNOB**  
BY STEPHEN

拍数: 32      墙数: 4      级数: High Beginner  
编舞者: Hege Langhelle (NOR) - May 2020  
音乐: Hold My Hand - Jess Glynne



## NO TAGS, NO RESTARTS

### (1-8)Diagonal step,touch R and L, fwd and back with claps

- 1-4            Rf step fwd to R diagonal, Lf touch beside Rf and clap, Lf step fwd to L diagonal, Rf touch beside Lf and clap.  
5-8            Rf step back to R diagonal, Lf touch beside Rf and clap, Lf step back to L diagonal, Rf touch beside Lf and clap.

### (9-16)4x sway RLRL ,ball, 4x sway LRLR, ball.

- 1-4&            Rf sway R, Lf sway L, Rf sway R, Lf sway L, ball of Rf beside Lf.  
5-8&            Lf sway L, Rf sway R, Lf sway L, Rf sway R, ball of Lf beside Rf.

**Hands: in front of chest, palms fwd.**

### (17-24)1/2pivot,2x 1/2shuffle,step,kick.

- 1-2            Rf step fwd, 1/2 L weight on Lf(6.00)  
3&4            1/4 L Rf step R, Lf beside Rf, 1/4 L Rf step back(12.00)  
5&6            1/4 L Lf step L, Rf beside Lf, 1/4 L Lf step fwd(6.00)  
7-8            Rf step fwd, Lf kick fwd.

### (25-32)cross,back,back,cross,back,1/4,fwd,touch.

- 1-4            Lf cross Rf, Rf step back, Lf step back to L diagonal, Rf cross Lf.  
5-8            Lf step back, 1/4 R Rf step fwd, Lf step fwd, Rf touch beside Lf(9.00)

**START AGAIN.....:)**

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