

Lonely

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate Rolling Count
编舞者: Lu Olsen (AUS) - May 2020
音乐: Lonely - Anthony Callea : (iTunes)



Quick Intro: 4 counts (1&a, 2, 3&a, 4) start on vocals. v:1.1

[1-8 &a] Fwd/sweep, R Cross samba, Fwd/drag, Fwd, Full turn fwd, Fwd/Kick, Coaster, Fwd/hook, Back, ½ fwd, Fwd,

- 1, Step L fwd/sweep R over L, - 12.00
- 2 & a Step R over L, Step L to Left, Step R to Right
- 3, 4 & a Step L fwd/drag R, Step R fwd, ½ Right turn & step L back, ½ Right turn & step R fwd, - 12.00
- 5, 6 & a Step L fwd/kick R fwd, Step R back, Step L tog, Step R fwd - 12.00
- 7, 8 & a Step L fwd/hook R behind L, Step R back, ½ Left turn & step L fwd, Step R fwd - 6.00

[9-16] Fwd into 1/4/sweep, Cross, Side, Behind, Side/drag, Behind, Recover, ¼ fwd/sweep, Fwd/sweep, R Cross Samba, Fwd/sweep,

- 1, Step L fwd sweeping R into ¼ Left turn, - 3.00
- 2 & a Cross R over L, Step L to Left, Step R behind L, - 3.00
- 3, Step L to Left/drag R,
- 4 & a Rock R behind L, Recover on L, ¼ Right turn & Step R fwd, - 6.00
- 5, 6, Step L fwd/sweep R, Step R fwd/sweep L
- 7 & a 8 Cross L over R, Step R to Right, Step L to Left, Step R fwd/drag L - 6.00

[17-24 &a] 1/8th Fwd, ½ tog, Back, Back, Tog, Fwd, Fwd/1/8th sweep, 1/8th turn cross samba, Fwd, ½ tog, Back, Back, Tog, Fwd, Fwd/1/8th sweep, Cross, Side, Behind

- 1 & a 1/8th Left turn & step L fwd(5.00), ½ Left turn & step R tog, Step L back, (11.00)
- 2 & a Step R back, Step L tog, Step R fwd, (11.00)
- 3, Step L fwd/sweep R into 1/8 Left turn (9.00)
- 4 & a Cross R over L, 1/8th Right turn to 11.00 & step L to Left, Step R to Right - 11.00
- 5 & a Step L fwd(11.00), ½ Left turn & step R tog, Step L back, (5.00)
- 6 & a Step R back, Step L tog, Step R fwd, (5.00)
- 7, Step L fwd/sweep R into 1/8 Left turn (3.00)
- 8 & a Cross R over L, Step L to Left, Step R behind L 3.00

[25-32 &a] Lunge side, ¾ Right turn, Lunge Fwd, Back, ½ Fwd, Side, Back/sweep, Back/sweep, Back/hook, Full R turn fwd

- 1, Lunge L to Left/Right leg stretched to right - 3.00
- 2 & a ¼ Right turn & step R fwd, ½ Right turn & step L tog, Step R to Right - 12.00
- 3, Lunge L fwd,
- 4 & a Step R back, ½ Left turn & step L fwd, Step R to Right, - 6.00
- 5, 6, 7, Step L back/sweep R back, Step R back/sweep L back, Step L back/hook R over L - 6.00
- 8 & a Full R turn fwd: Step R fwd, ½ Right turn & step L back, ½ Right turn & step R fwd - 6.00

Short walls:

Wall 2 (6.00) Dance to count 16** restart Wall 3 to 12.00

Wall 5 (12.00) Dance to count 16** restart Wall 6 to 6.00

TAG at End of Wall 3 (Tag danced to 6.00)

- 1, 2 & a Step L fwd/sweep R over L, Cross R over L, Step L to Left, Step R to Right

(Wall 8) 6.00 Last wall dance to count 16** add Fwd Coaster, Back/drag

1 & a 2 Step L fwd, Step R tog, Step L back, Step R back to R45/drag L finish to 12.00

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