

Be Kind

COPPER **NOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Ira Weisburd (USA) - May 2020
音乐: Be Kind - Owen Mac



Genre: Country Line Dance

Intro: 16 count, start on "Kind" @ 12 sec.

*1 Easy 2 Count Tag. (Walk, Walk) @ 12:00.

PART I. (FORWARD, RECOVER, COASTER STEP; FORWARD, RECOVER, 1/4 L SAILOR STEP)

1-2 Step R forward, Recover back onto L
3&4 Step R back, Step-close L beside R, Step R forward
5-6 Step L forward, Recover back onto R
7&8 Step L back, Step R to R making 1/4 L Turn (9:00), Step L to L

PART II. (CROSS, SIDE, SAILOR STEP; CROSS, SIDE, 1/4 L SAILOR STEP)

1-2 Step R across L, Step L to L
3&4 Step R back, Step L to L, Step R to R
5-6 Step L across R, Step R to R
7&8 Step L back, Step R to R making 1/4 L Turn (6:00), Step L to L

PART III. (CROSS, SIDE, BACK, FLICK; CROSS, SIDE, 1/4 L SAILOR STEP)

1-2 Step R across L, Step L to L
3-4 Step R back, Flick L back (looking behind over L shoulder)
5-6 Step L across R, Step R to R
7&8 Step L back, Step R to R making 1/4 L Turn (3:00), Step L to L

PART IV. (FORWARD SHUFFLE STEP, FORWARD, PIVOT 1/2 R; SHUFFLE HALF RIGHT, BACK, RECOVER)

1&2 Step R forward, Step-close L beside R, Step R forward
3-4 Step L forward, Pivot 1/2 R onto R (9:00)
5&6 Step L forward making 1/4 R Turn (12:00), Step-close R beside L, Step L back making 1/4 R Turn (3:00)
7-8 Step R back, Recover forward onto L

BEGIN DANCE.*

*NOTE: On Wall 7 at 6:00, do PART I. & PART II. to face 12:00, then do the TAG: Walk forward R, L & RESTART.

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