

For My Mother AB

COPPER **KNOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Patricia Sparks (AUS) & Penne Anderson (AUS) - May 2020
音乐: My Mother, My Teacher, My Friend - Owen Mac : (iTunes)



Introduction: 8 counts @ approximately 11 seconds. - Start on the vocal

SEC1: Walk Forward R,L,R, Kick L, Walk Back L,R,L, Touch R.

1,2,3,4 Walk R,L,R, kick L forward
5,6,7,8 Walk back L,R,L, touch R next to L

SEC2: 1/4 Pivot L Turn 4X

1-2 Step RF fwd, pivot ¼ turn L (9:00)
3-4 Step RF fwd, pivot ¼ turn L (6:00)
5-6 Step RF fwd, pivot ¼ turn L (3:00)
7-8 Step RF fwd, pivot ¼ turn L (12:00)

SEC3: Sway, Hold, Sway, Hold, Sway, Sway, Sway, Sway (with hand waves)

1-2 Step RF side, HOLD
3-4 Hips L side, HOLD
5-6 Hips R, Hips L
7-8 Hips R, Hips L

SEC4: Heel Forward Heel Together 4X With 1/4 Turn

1-2 Step RF fwd, Step RF next to L
3-4 Step LF fwd, Step LF next to R
5-6 Step RF fwd ¼ L, Step RF next to L
7-8 Step LF fwd, Step LF next to R

REPEAT
