

Paul's Hustle

COPPER KNOB
STEPSHEETS

拍数: 56 墙数: 2 级数: Improver
编舞者: Lisa Singleton (USA) - May 2020
音乐: Late In the Evening - Paul Simon : (with Restart)



Alternate Music: The Hustle by Van McCoy (no restart) this song has slower beat, it is helpful for teaching the hustle and triple turns

Start Dance On Vocals

SKATE, SKATE, SHUFFLE FORWARD, SKATE, SKATE, SHUFFLE FORWARD

1-2 Skate right, skate left
3&4 Shuffle Forward, right left right
5-6 Skate left, skate right
7&8 Shuffle Forward, left, right, left

JAZZ BOX WITH SCUFF, JAZZ BOX WITH TOUCH

1-2 Cross right over left, step back on left
3-4 Step right, scuff left
5-6 Cross left over right, step back on right
7-8 Step left, touch right

(Traveling Right) TRIPLE STEP, TRIPLE WITH ½ TURN RIGHT 2X,

KICK BALL CHANGE

1&2 Step right, left, right
3&4 Turn ½ right, with steps left right left (6:00)
5&6 Turn ½ left, with steps right left right (12:00)
7&8 Kick left, step on ball left, step right

(Traveling Left) TRIPLE STEP, TRIPLE WITH ½ TURN LEFT 2X, KICK BALL CHANGE

1&2 Step left, right, left
3&4 Turn ½ left, with steps right left right (6:00)
5&6 Turn ½ right, with steps left right left (12:00)
7&8 Kick right, step on ball right, step left

WALK FORWARD WITH HITCH, WALK BACK WITH TOUCH

1-4 Walk forward, right left right, hitch left
5-8 Walk back, left right left, touch right

VINE RIGHT TOUCH, VINE LEFT TOUCH

1-4 Step right, left behind, step right, touch left
5-8 Step left, right behind, step left touch right

TWO ¼ PADDLE TURNS LEFT, JAZZ BOX IN PLACE

1-2 Step forward on right, pivot turn ¼ left
3-4 Step forward on right, pivot turn ¼ left
5-6 Cross right over left, step back on left
7-8 Step right and left

Repeat dance

RESTART; On wall 4 after Vine Left restart dance

