

Be a Light

拍数: 32 墙数: 4 级数: Improver
编舞者: Willie Brown (SCO) - April 2020
音乐: Be a Light (feat. Reba McEntire, Hillary Scott, Chris Tomlin & Keith Urban) -
Thomas Rhett



Intro; On vocals / 16 counts (approx 12 secs)

SECTION 1 – DIAGONAL STEP, ROCK, RECOVER, LOCK STEP BACK, 3/8, 1/4, BEHIND-SIDE

1,2,3 Facing 11.30; Step forward on Right, rock forward on Left, recover weight back on Right
4&5 Step back on Left, lock Right across Left, step back on Left
6,7 Turn 3/8 Right and step forward on Right (facing 3), turn 1/4 Right and step Left to Left side
(facing 6)
8& Cross Right behind Left, step Left to Left side

SECTION 2 – DIAGONAL STEP, ROCK, RECOVER, LOCK STEP BACK, 3/8, 1/4, BEHIND-SIDE

1,2,3 Facing 4.30; Step forward on Right, rock forward on Left, recover weight back on Right
4&5 Step back on Left, lock Right across Left, step back on Left
6,7 Turn 3/8 Right and step forward on Right (facing 9), turn 1/4 Right and step Left to Left side
(facing 12)
8& Cross Right behind Left, step Left to Left side

SECTION 3 – JAZZ BOX, CROSS-SIDE-TOGETHER, CROSS ROCK, RECOVER, CHASSE 1/4

1,2,3 Cross Right over Left, step back on Left, step Right to Right side
4&5 Cross Left over Right, step Right to Right side, close Left beside Right (rotate upper body
towards 11.30)
6,7 Rock Right across Left, recover weight back on Left
8&1 Step Right to Right side, close Left beside Right, turn 1/4 Right and step forward on Right
(facing 3)

SECTION 4 – STEP, PIVOT 1/2, SHUFFLE 1/2, DRAG, BALL CROSS, SIDE ROCK, RECOVER

2,3 Step forward on Left, pivot 1/2 Right taking weight on Right (facing 9)
4&5 Turn 1/4 Right and step Left to Left side, turning another 1/4 Right close Right beside Left
(facing 3), take a BIG step back on Left
6&7 Drag Right towards Left, Close Right beside Left, cross Left over Right
8& Rock Right to Right side, recover weight on Left

...START AGAIN...

Tag; After 2 walls (facing 6 o'clock) you will dance an 8 count tag which is simply the first section of the dance to bring you back to 12 o'clock to begin wall 3

Note; At the end of wall 6 you have to *slow down* the last 4 counts of the dance – from the 'back, drag' onwards (facing 12) before the music kicks back in on count 1 of wall 7. 'Slow down' is actually the lyrics of the song so you cant miss it – although it may take a few goes to perfect...

Ending; On wall 8 dance until the end of section 2 adding a 1/4 turn to face 12 o'clock;

8&1 Cross Right behind Left, turn 1/4 Left to 12 o'clock and step forward on Left, step forward on Right. Ta-da!!

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