

Vita Bella

COPPER **NOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Andrico Yusran (INA) - May 2020
音乐: Vita Bella - Havana



No Tag No Restart

Start Dance After Intro Music 16 Counts

S1# KICK BALL SIDE - CROSS SHUFFLE - POP SWAY - CROSS BEHIND - SIDE - FORWARD

1&2 R Kick Forward , R Tap Ball Beside L , L Side Touch
3&4 L Cross Over R , R Side , L Cross Over R
5-6 R Side With Sway R - L
7&8 R Cross Behind L , L Side , R Forward

S2# TOUCH (HIP BUMP) - SAILOR (R-L) - CROSS ROCK - SIDE

1&2 Making R Toe Touch With Bump Out In Out
3&4 R Cross Behind L , L Side , R To Side
5&6 L Cross Behind R , R Side , L To Side
7&8 R Cross Over L , L Recover , R Side

S3# CROSS SYNCOPATED - SIDE TOUCH - CLOSE TOUCH - SIDE TOUCH - CROSS BEHIND - 1/4 TURN - FORWARD

1&2& Step L Cross Over R, R Side , L Cross Over R , R Side
3&4 L Cross Over R , R Side , L Cross Over R
5&6 R Side Touch , R Close Touch Beside L , R Side Touch
7&8 R Cross Behind L , L 1/4 Turn To L , R Forward

S4# TRIPLE 1/2 TURN - LOCK SHUFFLE - MAMBO - SIDE TOUCH - CLOSE TOUCH

1&2 Step L Forward 1/2 Turn To R , L In Place , L Forward
3&4 R Forward , L Lock Behind R , R Forward
5&6 L Forward , R In Place , L Back
7-8 R Side Touch , R Close Touch Beside L

Enjoy The Dance

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