

This Too Will Pass

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner +
编舞者: Sue Wilson (NZ) - March 2020
音乐: This Too Will Pass - Rodney Crowell : (Album: Fate's Right Hand)



[1 – 4] R WEAVE, R SIDE, RECOVER onto L, R CROSS HOLD

1 & 2 & Weave: R Side, Behind, Side, L Cross over R

3 & 4 R Side, Recover onto L, R Cross over L, HOLD

[5 – 8] L WEAVE, L SIDE, RECOVER onto R, L STEP FWD, HOLD

5 & 6 & Weave: L Side, Behind, Side, R Cross over L

7 & 8 L Side, Recover onto R, L Step Fwd, HOLD

[9 – 12] STEP SCUFF R & L, R MAMBO Fwd&Bck, HOLD,

9 & 10 & R Step Fwd, Scuff L Fwd, L Step Fwd, Scuff R Fwd

11 & 12 R Mambo Fwd: R Rock Fwd, Recover onto L, R Step Bck, HOLD

[13 – 16] RUN BCK L,R,L, R MAMBO Bck&Fwd, HOLD

13 & 14 & Run Bck L,R,L, HOLD

15 & 16 R Mambo Bck: R Rock Bck, Recover onto L, R Step Fwd, HOLD ◎◎

[17 – 20] L SIDE ROCK CROSS HOLD, 1/4R STEP LOCK STEP HOLD

17 & 18 & L Rock Side, Recover onto R, Step L Across, HOLD

19 & 20 Turn ¼ R Step Fwd, Lock L Behind R, R Step Fwd, HOLD

[21 – 24] L FWD HOLD, R FWD HOLD, L MAMBO Fwd&Bck, HOLD

21 & 22 & L Step Fwd HOLD, R Step Fwd, HOLD ◎

23 & 24 L Mambo Fwd: L Rock Fwd, Recover onto R, L Step Bck, HOLD

[25 – 28] R BACK, LOCK, BACK, HOLD, L BACK, LOCK, BACK, HOLD

15 & 26 & R Step diag Bck, L cross R, R diag Bck, HOLD

27 & 28 L Step diag Bck, R cross R, L diag Bck, HOLD

[29 – 32] R COASTER STEP HOLD, L SIDE ROCK CROSS HOLD

29 & 30 & R Step Bck, L Close beside R, Step R Fwd HOLD

31 & 32 L Rock Side, Recover onto R, Step L Across, HOLD

Restart: Wall 6: Dance to Count 16 ◎◎

Complete Mambo Step Ct 16 – Close L to R Ct16& – Restart Dance

Finish: Wall 10 Dance to Count 22& ◎

L Mambo Step with ¼ turn to L, Close R Beside L

Due to COVID-19 New Zealand is in lockdown – We have all been asked to self isolate.
To keep ourselves in our own 'bubbles' - it doesn't mean the brain has shut down though.
Thank you to those that have contributed with steps and music ideas.
Enjoy this dance and lets remember 'This Too Will Pass'