What A Man Gotta Do



拍数: 64 墙数: 2 级数: Phrased Improver

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音乐: What a Man Gotta Do - Jonas Brothers



Start dancing with Part A on lyrics (after Count 8)

Part A:

Steps forward; Mambo forward; Shuffle back; Rock Step back and side

1-2 Step forward right and left

Rock right forward, Recover on left, Close right to left

Shuffle back starting with left foot
Rock right backward, Recover on left
Rock right to right side, Recover on left

Close; Claps; Mambo Step; Claps; Hitch with Snap

1 Close right to left 2-3 Hand Clap (two times)

4&5 Rock left to left side, Recover on right, Close left to right

6-7 Hand Clap (two times)

8 Hitch right, weight on left and Snap

Repeat Part A for two more times and then continue with Part B

Part B:

Step Turn; Kick Ball Change 2x

1-2 Step forward right, Pivot turn ½ to left, ending with weight on left

3&4 Kick right forward, Recover on right, Recover on left

5-6 Step forward right, Pivot turn ½ to left, ending with weight on left

7&8 Kick right forward, Recover on right, Recover on left

Chasse; Cross Rock Step; Chasse; Full Turn

1&2 Step right to right side, Step left next to right, Step right to right side

3-4 Cross rock left over right, Recover on right

5&6 Step left to left side, Step right next to left, Step left to left side

7&8 Full Turn on place starting with right foot (you can start turning with the side chasse before)

Step Turn; Kick Ball Change 2x

1-2 Step forward left, Pivot turn ½ to right, ending with weight on right

3&4 Kick left forward, Recover on left, Recover on right

5-6 Step forward left, Pivot turn ½ to right, ending with weight on right

7&8 Kick left forward, Recover on left, Recover on right

Chasse; Cross Rock Step; Chasse; Mambo Step

1&2 Step left to left side, Step right next to left, Step left to left side

3-4 Cross rock right over left, Recover on left

Step right to right side, Step left next to right, ¼ right stepping forward on right [3:00]

7&8 Rock left forward, recover on right, Close left to right

Repeat Part B for one more time (You will end facing 6:00) and start again with Part A

Start again with Part A for three times and Part B for two times. After that, continue with Part C

Part C:

K-Step (Step Touch diagonal)

1-2	Step right diagonal forward, Touch left beside right
3-4	Step left diagonal back, Touch right beside left
5-6	Step right diagonal back, Touch left beside right
7-8	Step left diagonal forward, Touch right beside left

Steps forward; Mambo forward; Steps back; Coaster Step

1-2 Step forward right and left

Rock right forward, recover on left, Close right to left

5-6 Step back left and right

7&8 Step left back, step right together, step left forward

Repeat Part C for one more time and start again with Part B for two more times

Sequence: A-A-A-B-B-A-A-A-B-B-C-C-B-B

Enjoy!