

Say So

拍数: 64 墙数: 1 级数: Phrased Improver
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音乐: Say So - Doja Cat



Intro Music 16cts - Sequence : AA BB – AA BB – AA – B – A - Ending

Part A (32 counts)

(I) HIP BUMPS, FULL TURN GRAPEVINE, CHASSE

1&2 Step R to side and bump hips to right-left-right
3&4 Bump hips to left-right-left
5-6 Turn ¼ right step R fwd – turn ½ right step L back
7&8 Turn ¼ right step R to side – L beside R – R to side

(II) HIP BUMPS, FULL TURN GRAPEVINE, CHASSE

1&2 Step L to side and bump hips to left-right-left
3&4 Bump hips to right-left-right
5-6 Turn ¼ left step L fwd – turn ½ left step R back
7&8 Turn ¼ left setp L to side – R beside L – L to side

(III) FWD SHUFFLE, PIVOT ½ RIGHT, V-STEP

1&2 Forward shuffle on R-L-R
3-4 Rock L fwd – turn ½ right recover on R(6.00)
5-8 Step L diag fwd – step R to side – step L back to centre – step R beside L

(IV) FWD SHUFFLE, PIVOT ½ LEFT, V-STEP

1&2 Forward shuffle on L-R-L
3-4 Rock R fwd – turn ½ left recover on L(12.00)
5-8 Step R diag fwd – step L to side – step R back to centre – step L beside R

Part B (32 counts)

(I) ¼ RIGHT HOLD , ½ RIGHT HOLD, WALK BACK

1-2 Turn ¼ right step R fwd - hold
3-4 Turn ½ right step L back - hold
5-8 Walk back on R-L-R – step L beside R.....(9.00)

(II) FORWARD HOLD , ½ RIGHT HOLD, WALK BACK

1-2 Step R fwd - hold
3-4 Turn ½ right step L back - hold
5-8 Walk back on R-L-R – step L beside R.....(3.00)

(III) ¼ TURN LEFT, PIVOT ½ LEFT, HIP SWAY

1-2 Turn ¼ left rock R to side – recover on L.....(12.00)
3-4 Rock R fwd – turn ½ left recover on L(6.00)
5-8 Step R beside L sway hips to right-left-right-left

(IV) ¼ TURN LEFT, ¼ TURN LEFT, HIP SWA

1-2 Turn ¼ left rock R to side – recover on L
3-4 Turn ¼ left rock R to side – recover on L(12.00)
5-8 Step R beside L sway hips to right-left-right-left

ENDING (32counts):

1-4 Step R to side – hold for 3 counts

5-8 Slowly drag L to R for 3 counts and touch
9-12 Step L to side – hold for 3 counts
13-16 Slowly drag R to L for 3 counts and touch
17-32 Turn ½ left (6.00) and repeat count 1-16
Turn ½ left (12.00) and pose

Enjoy the dance !!

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