You Can Cha Cha Cha!



拍数: 16 墙数: 1 级数: Beginner / Improver

编舞者: Dick Rogers (USA) & Nancy Rogers (USA) - April 2020

音乐: Mi Mala - Mau y Ricky & KAROL G



Inspiration: Cajun Cha-Cha, choreographer unknown, sponsored on Copperknob (Jan 2018).

NOTE: No Tags, No Restarts.

WALK FWD RLR, CHA CHA CHA FWD

1-3 Walk FWD R,L,R

4&1 Cha cha cha FWD (12:00)

SIDE R, BEHIND, CHASSE R WITH 1/4 TURN R ON COUNT 1

2-3 Step RF to R, cross LF behind RF

4&1 Step RF to R (4), slide LF to RF (&), turn ¼ R and step RF FWD (1) (3:00)

TURN 1/4 R AND STEP L, SLIDE RF TO 3RD POSITION, CROSSING SHUFFLE R

2-3 Turn ¼ R and step LF to L (6:00), slide RF to 3rd position behind LF (i.e. heel of LF to instep

of RF)

4&1 Crossing shuffle L,R,L to R side (6:00)

Variation: Replace crossing shuffle with pivot ¼ R, pivot ½ R, cross LF over RF; end facing 6:00

TURN ¼ R AND STEP FWD, ¼ R AND STEP BACK, CHA CHA BACK (START DANCE OVER WITH PRESS STEP BACK ON 1 WHICH IS THE THIRD CHA)

2-3 Turn ¼ R and step RF FWD (9:00), pivot ¼ R on ball of RF and step LF back (12:00)

4& Cha (4), cha (&) back (12:00)

Note: Step back on 1 to complete the cha cha cha. Also, count 1 is the first step of the dance. Styling option: Look back over R shoulder on count 1 and then turn head to face forward on count 2 which is a step FWD on LF after starting over.

Variation: Continue rotation R after count 3 and do a full turn for 4&1 (pivot ½ R, pivot ½ R, step back). End facing the 12:00 wall and press back on RF on count 1 to initiate direction change to forward on count 2 at the beginning of the dance.

START OVER