

# Mama Knows (2020)

**COPPER KNOB**  
STEPSHEETS

拍数: 64      墙数: 2      级数: Phrased Intermediate  
编舞者: Mariela Barcia (ARG) & Sergio Alejandro (ARG) - May 2020  
音乐: Mama Knows - Robert Mizzell



Step sheet by: Mariela Barcia

SEQUENCE: A - B - A - B - B - A(26) - A - B - A - B - B - A - B - tag - B - B - B - B - A - B - A(26)

## PART A

### #1st Sec. STOMP UP, ½ TURN, ROCK, ¾ TURN, HEEL STRUT

- 1-2                  stomp up (RF) and ½ turn on to the right
- 3-4                  stomp (RF) and touch (LF) beside the right
- 5-6                  side rock (LF) and ¾ turn to the left
- 7-8                  heel strut (LF)

### #2nd Sec. ROCK x 3, ½ TURN STEP, SCUFF

- 1-2                  rock step forward (RF) and recover the weight on the left
- 3-4                  rock step back (RF) and recover the weight on the left
- 5-6                  rock step forward (RF) and recover the weight on the left
- 7 -                  ½ turn (right back) step (RF)
- 8 -                  hold

### #3rd Sec. STEP LOCK STEP, SCUF, HITCH, ¼ TURN-TOE STRUT

- 1-2                  step forward (LF), cross step behind (RF)
- 3-4                  step forward (LF) and scuff (RF) beside the left
- 5-6                  hitch (RF) and put it down again without touching the floor (keep the weight on the left)
- 7-8                  ¼ turn (back) and side toe strut (RF)

### #4th Sec. CROSS STEP, FULL TURN, ROCK STEP, HOLD

- 1 -                  cross step over the right (LF)
- 2 -                  ¼ turn step to the left (RF)
- 3 -                  ¾ turn step to the left (LF)
- 4 -                  hold
- 5 -                  side rock (RF)
- 6-7                  slow recovering of the weight on to the centre
- 8 -                  hold

## PART B

### \*1st Sec. DIAGONAL, HITCH, JUMPED ROCK, KICK, ½ TURN-TOE, TOE-HEEL ½ TURN STRUT

- 1-2                  Jumping, diagonal left back and hook forward (RF) recovering the original wall
- 3-4                  Jumping, rock back (RF) and recover the weight on to the left
- 5-6 -                  kick ½ turn forward (RF) and toe touch behind (RF)
- 7 & 8                  Jumping, toe-heel ½ turn (on to the left) and strut (LF)

### \*2nd Sec. ½ CIRCLE-TOE STRUT x 2

- 1-2                  ½ circle forward (RF)
- 3-4                  toe strut behind (LF)
- 5-6                  ½ turning circle back (RF)
- 7-8                  toe strut behind (LF)

### \*3rd Sec. HEEL x 2, TOE x 2, HEEL x 2, FLICK, STOMP

- 1-2                  Jumping, heel forward (RF), heel forward (LF)

- 3-4                    Jumping, toe touch diagonally back to the right (RF), toe touch diagonally back to the left (LF)  
5-6                    Jumping, heel forward (LF), heel forward (RF)  
7-8                    Jumping, flick and side stomp (LF)

**\*4th Sec. HEEL-TOE FUN x 3, ½ TURN STOMP, HEEL-TOE FUN x 3, STOMP**

- 1-2-3                side toe – heel – toe swivel (LF)  
4 –                    ½ turn (to the left) and stomp (RF)  
5-6-7                side toe – heel – toe swivel (RF)  
8 –                    stomp LF beside the right

**Restart. The 3rd Part A has only 26 counts.**

**Tip: after the count 22 do:**

- 23-24                ¼ turn (back to the right) and long side step (RF)  
25-26                slide and stomp LF beside the right

**Tag. 8 counts: toe - strut x 3 (R-L-R), hold, stomp (LF)**

**Ending. The last wall is a short Part A, with only 26 counts, so:**

**After the first 22 counts:**

- 23-24                ¼ turn (back to the right) and long side step (RF)  
25-26                slide and cross toe touch behind (LF)
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