

# No Good

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Gregory Danvoie (BEL) & Sobrielo Philip Gene (SG) - May 2020  
音乐: No Good - Ally Brooke



Intro: 16 counts

## [1-8] DORTHY STEPS HEEL SWITCHES, DORTHY STEP HEEL SWITCHES

1-2&      Step RF diagonally forward (1), lock LF behind RF (2), step RF diagonally forward (&)  
3&4&      Bring LF heel forward (3), step LF beside RF (&). Bring RF heel forward (4), step RF beside LF (&)  
5-6&      Step LF diagonally forward (5), lock RF behind LF (6), step LF diagonally forward (&)  
7&8&      Bring R heel forward (7), step RF beside LF (&). Bring L heel forward (8), step LF beside RF (&)

## [9-16] ROCK RECOVER TRIPLE FULL TURN, ROCK RECOVER TRIPLE ¼ TURN

1-2      Rock RF forward (1), recover weight onto LF (2)  
3&4      ½ right step RF forward (3), ¼ right step LF beside RF (&), ¼ right step RF forward (4)  
5-6      Rock LF forward (5), recover weight onto RF (6)  
7&8      ½ left step LF forward (3), step RF beside LF (&), ¼ right step LF forward (4) (3:00)

## [17-24] STEP BUMP, BEHIND SIDE CROSS, SIDE ROCK, SAILOR ¼ TURN

1-2      Step RF to right (1), bump hip to right (2)  
3&4      Step LF behind RF (3), Step RF to right (&), cross LF over RF (4)  
5-6      Rock RF to right (5), recover weight onto FL (6)  
7&8      Step RF behind LF (7), ¼ right step LF back (&), step RF forward (8) (6:00)

## [25-32] FORWARD HITCH, BACK POINT, TOUCH SIDE, TOUCH SLIDE STEP

1-2      Step LF forward (1), hitch RF (2)  
3-4      Step RF back (3), point LF back (4)  
5-6      Point LF to left (5), touch LF beside RF (6)  
7-8      Step LF long step to left (7), step RF beside LF (8) (6:00)

## [33-40] CROSS HOLD, STEP CROSS, STEP SIDE HIP SWAY

1-2      Cross LF over right (1), Hold (2)  
3-4      Step RF to right (3), cross LF over RF (4)  
5-6      Step RF to right (5), step Lf to left (6) (feet apart)  
7-8      Sway hip to right (7), sway hip to left (8) (weight on left)

## [41-48] BALL CROSS, ½ TURN HEEL BOUNCE, KICK BALL CHANGE ¼ TURN

&1-      Step RF beside LF (&), cross LF over RF (1)  
2-4      Making ½ turn right bounce heels 3 times (2-4) (weight on LF) (12:00)  
5&6      Kick RF forward (5), making 1/8 right RF down (&), step LF beside RF (6)  
7&8      Kick RF forward (7), making 1/8 right RF down (&), step LF beside RF (8) (3:00)

## [49-56] ROCK HITCH, SHUFFLE FORWARD, ROCK RECOVER TRIPLE ¼ TURN

1-2      Rock RF forward (1), recover weight onto to LF while hitching RF (2)  
3&4      Step RF forward (3), step LF beside RF (&), Step RF forward (4)  
5-6      Rock LF forward (5), recover weight onto RF (6)  
7&8      ½ left step LF forward (3), step RF beside LF (&), ¼ right step LF forward (4) (6:00)

## [57-64] WALK WALK, ½ BACK KICK, WALK WALK, ½ KICK

1-2      Step RF forward (1), step LF forward (2)

3-4            ½ turn left step RF back (3), Kick LF forward (4)  
5-6            Step LF forward (1), step RF forward (2)  
7-8            ½ turn right step LF back (3), Kick RF forward (4) (6:00)

**Tag: Wall 5 (12:00) after 32 counts (6:00)**

**Cross LF over RF (1) making full turn right bounce heels 3 times (weight on left)**

**Last Update - 1 May 2020**

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