

Better When I'm Dancin' (6 Feet Apart)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Tabitha Carnes (USA) - April 2020
音乐: Better When I'm Dancin' - Meghan Trainor : (2:56)



(This dance also works well to the song Get Ready by Pitbull feat. Blake Shelton)

Intro: 16 cts

#1 Restart with slight step change

[1 – 8] Heel switches, touch back (x2)

1&2&3&4 R heel fwd, step R together, L heel fwd, step L together, R heel fwd, step R together, touch L toe back

5&6&7&8 L heel fwd, step L together, R heel fwd, step R together, L heel fwd, step L together, touch R toe back

[9 – 16] Side step w/ heel slaps (x2), side step, sailor ¼ turn with a scuff

1, 2, 3, 4 Step R side*, flick L heel behind R and slap, step L side, flick R heel behind L and slap

5, 6&7, 8 Step R side, step L behind R, step R side while turning ¼ L, step L fwd, scuff R**

* Option on side steps: sway hips down & up as you step each side

** Restart after 16 counts on wall 4 after the "ba-da-da" interlude, and on count 8 instead of scuff R: flick R heel back

[17 – 24] Cross unwind ½ turn, kick-ball-point (x2)

1 – 2 Cross R over L, unwind ½ turn L ending weighted R

3&4 Kick L fwd, step L together, point R side

5 – 6 Cross R over L, unwind ½ turn L ending weighted R

7&8 Kick L fwd, step L together, point R side

[25 – 32] Traveling ¾ turn, hitch, heel grind ¼ turn, coaster step

1, 2, 3, 4 Step R turning ¼ R, step L side turning ¼ R, step R turning ¼ R, hitch L

5, 6, 7&8 Grind L heel and swivel ¼ L keeping weight on R, step L back, step R together, step L fwd

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