

Hundred Ways

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Jaszmine Tan (MY) - April 2020
音乐: 100 Ways - Jackson Wang



Intro : 8 count start on vocal.

Sec 1 : Syncopated Rocks R Side L Side, Rock R forward, Rock L forward

1-2 & Rock R, recover on L, close R next to L,
3-4 & Rock L, recover on R, close L next to R,
5-6 & Rock R forward, recover on L, close R next to L
7 – 8 Rock L forward, recover on R

Sec 2 : Step Back Touch L R, Out Out In In, Little Hop to R, Point L, Unwind 3/4 Turn L

&1 &2 Step L diagonal back, touch R next to L, step R diagonal back, touch L next to R
&3 &4 Step L to L, step R to R, step L in place, touch R next to L
&5 &6 Little Hop R to R, close L next to R, hop to R, Point L to L
7 – 8 Lock L behind R, unwind turning 3/4 turning L [3]

Sec 3 : R Heel Strut, L Heel Strut, Shoulder Pop R,L,R,L

1 – 2 Step R heel diagonal forward, step down on R
3 – 4 Step L heel diagonal forward, step down on L
5 – 8 Step to R and pop shoulder to R, pop shoulder to L, pop shoulder to R, pop shoulder to L
(end weight on L) [optional : Snake roll]

Sec 4 : Sailor R, Sailor 1/2 Turn L. Stomp R. Heel, Toe, Heel In

1 & 2 Cross R behind L, Step L next to R, Step R to R side
3 & 4 Cross L behind R, Step R to R side making 1/2 turn L and step L forward [9]
5 – 8 Stomp R, move heel in, toe in, heel in

*** Restart on Wall 4 & 6 ***

Sec 5 : Extended Syncopated L Weave, Press Diagonal L, Recover, Press Diagonal R , Recover

1&2&3&4 Cross R behind L, step L to L, cross R in front of L, step L to L, cross R behind L, step L to L,
cross R in front of L
5 – 6 Press L diagonal forward, step L next to R
7 – 8 Press R diagonal forward, step R next to L

Sec 6 : Dorothy L, Dorothy R, Kick L, Kick R, Step L Forward, R Hitch 3/4 Turning R

1-2 & Step L to L diagonal, Lock R behind L, Step L to L diagonal
3-4 & Step R to R diagonal, Lock L behind R, Step R to R diagonal
5 & 6 & Kick L forward, recover, kick R forward, recover
7 – 8 Step forward on L, hitch R making 3/4 turning R [6]

Restart : Wall 4 & 6

Dance up to 32 count, hold for 4 count (Tag) then restart facing 12 - Rock R making 1/4 turn L on count 1

Ending – Dance up to 32 count & turn 1/4R facing front wall to end.

Email: jaszdanze2@gmail.com