

The World's Alright

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Melissa Rutz - April 2020
音乐: Lovely Day - Bill Withers



#32 count intro, No Tags Or Restarts

HOOK TRIPLE R, HOOK TRIPLE L, BEHIND, SWEEP, BEHIND ¼ STEP

1&2 Lock R behind L, step L forward, step R forward (12:00)
3&4 Lock L behind R, step R forward, step L forward (12:00)
5-6 Step R behind L, sweep L back (12:00)
7&8 Step L behind R, step R ¼ turn R, step L forward (3:00)

PUSH, DRAG, STEP KICK, STEP KICK, ¼ KICK, BALL CHANGE, CHUG x 2

&1-2 Push back from L, step R back, drag L foot in (3:00)
&3&4 Close L next to R, kick R forward, close R next to L, kick L forward (3:00)
&5&6 Close L next to R making ¼ turn R, kick R FWD, step on ball of R, step L FWD (6:00)
7-8 Push R to R making a ¼ turn L, Push R to R making a ¼ turn L (12:00)

ROCK & CROSS, ROCK & ¼, HEEL DIG W/ MAMBO, ½ TURN TRIPLE

1&2 Rock R to R, recover L, cross R over L (12:00)
3&4 Rock L to L, step R ¼ turn R, step L forward (3:00)
5&6 Dig R heel forward, recover L, step R back (3:00)
7&8 Step L back, ½ turn R stepping R forward, step L forward (9:00)

SCUFF & HOOK, UNWIND, CHASSE R, KNEE DROP, ¼ TURN

1&2 Scuff R, step down on R, hook L behind R (9:00)
3-4 Unwind a full turn L ending with weight on L (9:00)
5&6 Step R to R, close L next to R, step R to R (9:00)
7-8 Drop L knee in, step L ¼ turn L (6:00)
