

# You Turn Me INSIDE OUT ..

**COPPER** **KNOB**  
BY STEPHEN

拍数: 32                      墙数: 4                      级数: Improver  
编舞者: Val Saari (CAN) - April 2020  
音乐: Inside Out - ItaloBrothers



**INTRO: 8 counts, Begin on the downbeat, after the word "Well"**

## **SHUFFLE FWD RLR, ROCK /RECOVER, LF DOUBLE ROCKING CHAIR**

1&2                      Shuffle forward RLR  
3-4                      Rock LF forward, Recover RF  
5&6&                      Rock LF back, Recover RF, Rock LF forward, Recover RF  
7&8                      Rock LF back, Recover RF, Rock LF forward, Hold

## **RF ROCK/RECOVER, TURNING SHUFFLES (1/2 R, 1/2 R), SWAY R,L**

1-2                      Rock RF forward, recover LF  
3&4                      Shuffle back RLR Pivot 1/2 R  
5&6                      Shuffle back LRL Pivot 1/2 R  
7-8                      Step RF to right and sway, Sway left (weight on LF)

## **MAMBOS CHA CHA CHA X 2 (RL)**

1-2                      RF Cross over L, LF Recover weight  
3&4                      Step RF right, Step LF in place, Step RF in place  
5-6                      LF Cross over R, RF Recover weight  
7&8                      Step LF left, Step RF beside L, Step LF in place

## **RF SHUFFLE FWD, PIVOT 1/2 R, LF SHUFFLE FWD, PIVOT 1/4 L**

1&2                      Step RF forward, Step LF beside R, Step RF forward  
3-4                      Step LF forward, Pivot 1/2 R  
5&6                      Step LF forward, Step RF beside L, Step LF Forward  
7-8                      Step RF forward, Pivot 1/4 L

**Repeat**

**EZ TAG: 4 counts & restart after Walls 2,3,5,7**

## **JAZZ BOX**

1-2                      Cross RF over Left, Step Left back  
3-4                      Step RF to R side, Step LF together

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