

New Chance

拍数: 32 墙数: 4 级数: Improver
编舞者: Silvia Schill (DE) - April 2018
音乐: Revolution (feat. First Aid Kit) - Van William



The dance begins with the vocals

Side & step-touch-side-touch-side-touch-side & back-hook-step-touch behind-back-kick

- 1& Step with RF to right side and LF beside RF
- 2& Step forward with RF and touch LF next to right
- 3& Step with LF to left side and touch RF next to left
- 4& Step with RF to right side and touch LF next to right
- 5& Step with LF to left side and RF beside LF
- 6& Step backwards with LF and cross RF in front of left shin
- 7& Step forward with RF and touch left toe behind RF
- 8& Step backwards with LF and kick RF forward

Shuffle back, coaster step, step-pivot ½ l-½ turn l, coaster step

- 1&2 Step backwards with RF - LF beside RF and step backwards with RF
- 3&4 Step backwards with LF - RF beside LF and step forward with LF
- 5&6 Step forward with RF - ½ turn left on both bales, weight at the end left, and ½ turn left around and step backwards with RF
- 7&8 Step backwards with LF - RF beside LF and step forward with LF

Restart: In the 4th and 8th lap - direction 3 o'clock/6 o'clock - stop here and start again

Locking shuffle forward, step-pivot ¼ r-cross, side-behind-side-cross, side, rock back

- 1&2 Step forward with RF - cross LF behind RF and step forward with RF
- 3&4 Step forward with LF - ¼ turn right on both bales, weight at end right, and cross LF over RF (3 o'clock)
- 5& Step with RF to right side and cross LF behind RF
- 6& Step with RF to right side and cross LF over RF
- 7-8& Step with RF to right side - step backwards with LF and weight back on RF

Rock forward-rock back-step-½ turn r/hitch-run 2-Mambo forward, coaster step-touch

- 1& Step forward with LF and weight back on the RF
- 2& Step backwards with LF and weight back on the RF
- 3& Step forward with LF, ½ turn right on the left bale and lift right knee slightly (9 o'clock)
- 4& 2 Small steps forward (r - l)
- 5&6 Step forward with RF, lift LF slightly up - weight back on LF and step backwards with RF
- 7&8 Step backwards with LF, RF beside LF and small step forward with LF
- & touch RF next to LF

Repeat until the end

And don't forget to smile, because dancing is fun!

There is no guarantee for errors in the translation, content, spelling, etc.!

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