Down In My Back Yard

拍数: 64

级数: Intermediate

编舞者: Alison Carrington (UK) - April 2020

音乐: My Back Yard - Martin Smith : (Album: My Back Yard)

Intro: 40 counts. Start the dance counting 4 beats from when Martin says 'The Union Jack'. (NO TAGS/NO RESTARTS) Music can be ordered directly from Martin by contacting him on 01229 585295.

S1: Step R, Tap L, Shuffle Back L, Rock Back R, Recover L, Walk R, Walk L

- 1 2 Step Right forward, tap Left behind Right
- 3&4 Step back Left, bring Right to Left, Step back Left
- 5 6 Rock back Right, recover forward on Left
- 7 8 Walk forward Right, Walk forward Left

S2: Touch R, ¼ Turn R, Rock & Cross, Vine R & Step on L

- 1 2 Touch Right to Right, Turn ¼ Right (weight on Right)
- 3&4 Side rock on Left, recover on Right, cross Left over Right
- 5 6 7 8 Step Right to Right, bring Left behind Right, Step Right to Right, Step on Left

S3: Forward R, Touch L, Shuffle Back L, Rock Back R, Rock Forward L, Stomp R & L

- 1 2 Step forward Right, tap Left
- 3&4 Step back Left, step back Right, Step back Left
- 5 6 Rock back Right, recover forward on Left
- 7 8 Stomp in place on Right, stomp in place on Left

S4: Side R, Touch L, Tap Out L, Touch In L, Side L, Touch R, Tap Out Right, Step on Right

- 1 2 3 4 Step Right to Right, touch Left beside Right, tap out Left, touch in Left
- 5 6 7 8 Step Left to Left, touch Right beside Left, tap out Right, step on Right

S5: Weave L, Side Chasse L, Rock back R, Rock Forward L.

- 1 2 3 4 Step Left to Left, Step Right behind Left, Step Left to Left, Cross Right over Left
- 5&6 Step Left to Left, bring Right beside Left, Step Left to Left
- 7 8 Rock back on Right, recover forward on Left

S6: Weave R, Rock Forward R & Recover L, make ¼ Turn R With A Right Toe Strut

- 1 2 3 4 Step Right to Right, bring Left behind Right, Step Right to Right, Step on Left
- 5 6 7 8 Rock forward Right, recover back on Left, ¼ turn Right as tap Right toe forward, then snap Right heel down (weight on Right)

S7: Cross Rock L Over R, Chasse L, Cross Rock R Over L, Chasse R

1 2 3&4Cross Left over Right, recover Right, Step Left to Left, bring Right to Right, Step Left to Left5 6 7&8Cross Right over Left, recover on Left, Step Right to Right, bring Left to Left, Step Right to
Right

S8: Big Slide L, 4 X Knee Pops R, L, R, L

- 1 2 3 4 Take a big step slide to Left on Left, bringing Right beside L
- 5 6 7 8 Knee pop Right, Left, Right, Left (weight on Left)

(Contact: acarrington@talktalk.net)

Last Update - 27 April 2020





墙数:2