

Standing On The Promises

COPPER **KNOB**
BY STEPSHEETS

拍数: 32 墙数: 2 级数: Easy Intermediate
编舞者: OMG (AUS) - April 2020
音乐: Standing On the Promises - Alan Jackson : (Album: 'Precious Memories')



(Music available on Amazon & iTunes)

Start on Lyrics after 8 count in

[1 – 8] SIDE SHUFFLE, HOLD, TOE X 2

1&2,3,4 Side shuffle to the right step R,L,R, Hold, Tap L toe behind R
5&6,7,8 Side shuffle to the left step L,R,L, Hold, Tap R toe behind L

[9 - 16] SHUFFLE 1/2 TURN BACK, HOLD, TOE; WALK 3 FORWARD, TOE

1&2,3,4 Shuffle step 1/2 turn left R,L,R, Hold, Tap L toe behind (6.00)
5,6,7,8 Walk forward L,R,L, Tap R toe behind

[17 – 24] SLOW 1/4 TURN, CROSS, HOLD ; SLOW 1/4 TURN , FORWARD, HOLD *

1,2,3,4 Step forward R, 1/4 turn left, Cross R over L, Hold (3.00)
5,6,7,8 Step L to side, 1/4 turn right, Step forward L, Hold (6.00)

[25 – 32] CROSS ROCK, SIDE, HOLD ; COASTER, TOE **

1,2,3,4 Step R over L, Rock back onto L, Step R to side, Hold
5,6,7,8 Step back L, R beside L, Step forward L, Tap R toe behind

RESTART

*PAUSE ~ On WALL 2 & 4 (facing front) at Count 24 stand still while he holds onto singing the word 'standing' then resume at Count 25

**ENDING ~ At Count 24 on WALL 4 (facing front) Music slows down

Slowly dance Count 25- 28 then

[29 – 32] COASTER, RIGHT SIDE / DRAG

5,6,7,8 Step back L, R beside L, Step forward L, Big step R to right side, Slide L towards R

Standing on the promises ~ Although short at 1.35 mins. it teaches a lot
Change of rhythm ; Pausing and of course the ending at the Front
Remember you don't have to be religious to enjoy great music and a fine voice

LOOK OUT FOR 'PRECIOUS MEMORIES' MEDLEY ... COMING SOON !