Ain't No Doubt



拍数: 32 编数: 2 级数: Easy Intermediate

编舞者: JJ Lee (KOR) - April 2020 音乐: Ain't No Doubt - Jimmy Nail



Intro: 32 counts - No Tag, No Restart

Sec 1: SIDE, BACK ROCK, RECOVER, LOCK STEP, 1/2 R PIVOT, LOCK STEP

1 2 3 LF side, RF back rock, LF recover

4&5 RF forward, LF lock behind RF, RF forward

6 7 LF forward, pivot 1/2 turn R

8&1 LF forward, RF lock behind LF, LF forward

SEC 2: FORWARD, 1/2 R BACK/SWEEP, SAILOR, HOLD, (LOCK, FORWARD) x3

2 3 RF forward, 1/2 turn R with LF back and RF sweep from front to back 4&5 RF cross behind LF, LF slightly side, RF diagonal forward (1:30) Hold (6), LF lock behind RF(&), RF forward(7) LF lock behind RF(&)

8&1 RF forward (8), LF lock behind RF(&), RF forward(1) (1:30)

SEC 3: FORWARD ROCK, RECOVER, 1/2 L FORWARD, LOCK STEP, FORWARD ROCK, RECOVER, COASTER STEP

2&3 LF forward rock, RF recover, 1/2 L turn with LF forward (7:30)

4&5 RF forward, LF lock behind RF, RF forward

6 7 LF forward rock, RF recover

8&1 LF back, RF beside LF, LF forward

SEC 4: (FORWARD ROCK, RECOVER, SIDE) x2, SIDE POINT, TOGETHER, SIDE POINT, ROLLING

TURN

2&3 RF forward rock, LF recover, RF side (7:30)

4&5 LF forward rock, RF recover, 1/8 L turn with LF side (6:00)

6&7 RF side point, RF beside LF, LF side point

8& 1/4 L turn with LF forward, 1/2 L turn with RF together,

1 1/4 L turn with LF side (6:00)

Enjoy!!

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