

Pa Olvidarte - Easy

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Gitte Plöger (DK) - April 2020
音乐: Pa Olvidarte - Emma Heesters & Rolf Sanchez : (iTunes)



Intro: Start on vocal - No Tags or Restart!

Sec: 1- Cross Samba x 2 R & L, ¼ turn R Jazz box

1 & 2 Cross R over L (1) Rock L to L side (&) Recover on R (2)
3 & 4 Cross L over R (3) Rock R to R side (&) Recover on L (4)
5 – 6 Cross R over L (5) Step back on L as you make a ¼ turn R (6)
7 - 8 Step R to R side (7) Step L together (8) (weight on Lf) [3:00]

Sec: 2- Side Mambo x 2 R & L, R Fwd Mambo, L Backward Mambo

1 & 2 Rock R to R side (1) Recover on L (&) Sstep R in Place (2)
3 & 4 Rock L to L side (3) Recover on R (&) Step L in Place (4)
5 & 6 Rock R fwd (5) Recover on L (&) Step R in Place (6)
7 & 8 Rock back on L (7) Recover on R (&) Step L in Place (8)

Sec: 3- R Side, Step Together, R Fwd Step - Lock- Step, Step ½ turn Pivot R, L Fwd Step – Lock - Step

1 – 2 Step R to R side (1) Step L together (2)
3 & 4 Step R fwd (3) Lock L behind R (&) Step R fwd (4)
5 ↯ 6 Step L fwd (5) ½ turn Pivot R (6)
7 & 8 Step L fwd (7) Lock R behind L (&) Step L fwd (8) [9:00]

Sec: 4- R Side, Step Together, R Chasse', Cross Rock / Recover, Chasse' ¼ Turn L

1 – 2 Step R to R side (1) Step L next to R (2)
3 & 4 Step R to R side (3) Step L next to R (&) Step R to R side (4)
5 – 6 Cross L over R (5) Recover on R (6)
7 & 8 Step L to L side (7) Step R next to L (&) Make ¼ turn L on L (8)

Start Again!

Ending: Wall 8 starts [6:00] Dance sec: 1 & 2, then make ¼ turn R to face [12:00]

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Last Update – 18 Aug. 2020-R2