

One of Them Girls

拍数: 48 墙数: 4 级数: Easy Improver
编舞者: Marianne Langagne (FR) - April 2020
音乐: One of Them Girls - Lee Brice



Intro : 16 Counts (begin on « Girls »)

Restart : On the 3rd wall, make the first 32 counts and start the dance again

[1 – 8] SKATE, TRIPLE FWD, SKATE 1/4 TURN R., TRIPLE FWD

1 – 2 Slide RF Diagonally FWD, Slide LF Diagonally FWD
3 & 4 RF FWD, Together, RF FWD
5 – 6 Slide LF Diagonally FWD, ¼ Turn R-Slide RF Diagonally FWD (3h)
7 & 8 LF FWD, Together, LF FWD

[9 – 16] MAMBO STEP, COASTER STEP, STEP ½ L., STEP ¼ TURN L.

1 & 2 RF FWD, Return, RF Back
3 & 4 LF Back, Together, LF FWD
5 – 6 RF FWD, ½ Turn L (weight on LF) (9o'clock)
7 – 8 RF FWD, ¼ Turn L (weight on LF) (6o'clock)

[17–24] CROSS & HEEL & CROSS SHUFFLE, POINT SWITCHES, HEEL SWITCHES

1 & 2 Cross RF over LF, LF Back, R. Heel Diagonally FWD
&3&4 Together, Cross LF Over RF, RF to the R., Cross LF over RF
5 & 6 R. Point to the R, Together, L. Point to the L
&7&8 Together, R. Heel FWD, Together, L. Heel FWD

[25–32] STOMP R. FWD, SWIVEL, HITCH, COASTER STEP, STOMP L. FWD, SWIVEL, HITCH, COASTER STEP

&1&2 Together, Stomp RF FWD, Pivote Heels to the R., Return (Weight on LF)
&3&4 Hitch RF, RF Back, Together, RF FWD
5 & 6 Stomp LF FWD, Pivote Heels to the L., Return (Weight on RF)
&7&8 Hitch LF, LF Back, Together, LF FWD RESTART HERE ON 3rd Wall

[33–40] ROCK FWD, TRIPLE ½ TURN R., ROCK STEP, TRIPLE ½ TURN L

1 – 2 RF FWD, Recover
3 & 4 ½ Turn R-RF FWD, Together, RF FWD (12o'clock)
5 – 6 LF FWD, Recover
7 & 8 ½ Turn L-LF FWD, Together, LF FWD (6o'clock)

[41–48] ¼ TURN L-SIDE ROCK, BEHIND SIDE CROSS, SIDE ROCK, BEHIND SIDE CROSS

1 – 2 ¼ Turn L-RF to the R., Recover (3o'clock)
3 & 4 RF Behind LF, LF to the L., Cross RF over LF
5 – 6 LF to the L, Recover
7 & 8 LF Behind RF, RF to the R., Cross LF over RF

Have Fun !!!!

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